

# West Mountain Road Race State Championship

June 3, 2023, Lincoln Beach, UT

## Race Guide

*Presented by Bucked Up*

USA Cycling Permit: #2023-7056



## Table of Contents

- Additional Sponsors – Page 2
- Course Description – Page 3
- Directions, Parking, Start line – Page 4
- Race Schedule & Flyer – Page 5
- Packet Pickup – Page 5
- Course Map – Pages 6 – 11
- Aid Stations & Support – Page 12
- Rules of the Road – Page 12

# Additional Sponsors



Utah Bicycle Law serves the Utah bicycling community by sponsoring various races, donating bicycling repair stations to various cities throughout the valley, educating the community by providing information regarding Utah's bicycling laws via its website and social media channels, and representing and obtaining justice for injured bicyclists who have been injured by an unsafe road condition, distracted motorist, or otherwise negligent driver. Cole Bingham, the Operating Partner of Utah Bicycle Law, has empathy for UBL's clients as he too has been hit by a distracted driver while riding his bicycle. For more information, visit [www.utahbicyclelaw.com](http://www.utahbicyclelaw.com) or contact Cole by emailing [cbingham@utahbicyclelaw.com](mailto:cbingham@utahbicyclelaw.com), or by calling **801-869-6800**.



## Course Description

The loop around West Mountain is a mostly flat course that can make for some fast pacelines along with short kickers that are just hard enough to cause a break or wear down riders over the miles. But watch out if the wind is blowing as the mountain channels the wind onto the course. Strong headwinds/tailwinds are not uncommon. Each lap is 25.8 miles with less than 700 total feet of climbing with fields doing multiple laps. The start is flat but quickly has some down with turns, watch the corners, then a little kicker to warm things up and cool off on the down where the course merges with a 5.5 mile long straight. While the road is dead straight there is a constant slight grade, just enough to slow the pace noticeably. At the end of the straight is short kicker that will take the pace way down. Then another smaller kicker as you go through the gap into Genola and drop all the elevation gained since the start of the 5.5 mile straight. At the end of this down section is another kicker similar to the one at the end of the straight but a little shorter and with continued rollers before a nice recovery downhill. On the west side the road gets near the lake and gives open views to Lake Mountain and Utah Lake. A few rollers and some flat before a gradual uphill as you round the north point of the loop and back to the start. This is a fun course where any type of rider can pull off a win with the right strategy.

# Directions & Parking

## RACE HEADQUARTERS – Lincoln Beach

(4700 Lincoln Beach Rd, Spanish Fork, UT 84660)

7:00am – 2:30pm



- Option 1: Take I-15 to 400 S. Springville exit, Exit #260.
- Head west on SR-77 turning right at T with stop sign. Then follow it to SR-147 (next stop sign) and turn right. Follow road west to Lincoln Beach, see map.
- Option 2: Take I-15 to Spanish Fork Main exit, exit, Exit #257.
- Head south on Main to 400 North, turn right and stay on SR-147 until 4-way stop with SR-77. Head straight on road west to Lincoln Beach, see map.

# Race Flyer and Schedules

## June 3<sup>rd</sup>, 2023 W. Mountain Road Race Fields and Start Times

Start Time	Category	Prizes	Course Length/Laps	Advance Registration**	Day of Registration
9:00am	Men Pro/1-2, Collegiate A-B	Yes	75, 3 laps	\$50	\$60
9:05am	Men 3, Collegiate C	Yes	75, 3 laps	\$50	\$60
9:10am	Men 35-44 & 45-54, 1-4 <sup>1</sup> Women Pro/1-3, Coll. A-C	Yes	75, 3 laps	\$50	\$60
9:15am	Men 4, Collegiate D	Yes	50, 2 laps	\$50	\$60
9:20am	Men 55-59, 1-4 <sup>1</sup> 60-64, 65-69 & 70+ Open <sup>1</sup>	Yes	50, 2 laps	\$50	\$60
9:25am	Women 4-5 (Novice), Coll. D <sup>1</sup> Women 35-49 & 50-59, 1-4 <sup>1</sup> Women 60+ Open <sup>1</sup>	Yes	50, 2 laps	\$50	\$60
9:30am	Men CAT5 (Novice)	Yes	25, 1 lap	\$40	\$50
9:35am	Male JR <sup>1</sup> : 10-12, 13-14, 15-16, 17-18	Yes	25, 1 lap	\$35	\$45
9:40am	Female JR <sup>1</sup> : 10-12, 13-14, 15-16, 17-18	Yes	25, 1 lap	\$35	\$45

\* Fields less than 7 will only have prizes for 1<sup>st</sup> place. Fields of 25+ will have 5 podium places & prizes.

\*\* Registration prices shown may or may not include taxes, registration fees, or 1-day USAC license. Check BikeReg for dates for fee increases.

1. Combined fields will race together, scored separately. Fields listed are championship fields.

\*\*\* *Bring ID and USAC License Information* \*\*\*

Saturday, June 3<sup>rd</sup>, 7:15am – 8:45am at Race Check-in  
4700 Lincoln Beach Rd, Spanish Fork, UT 84660

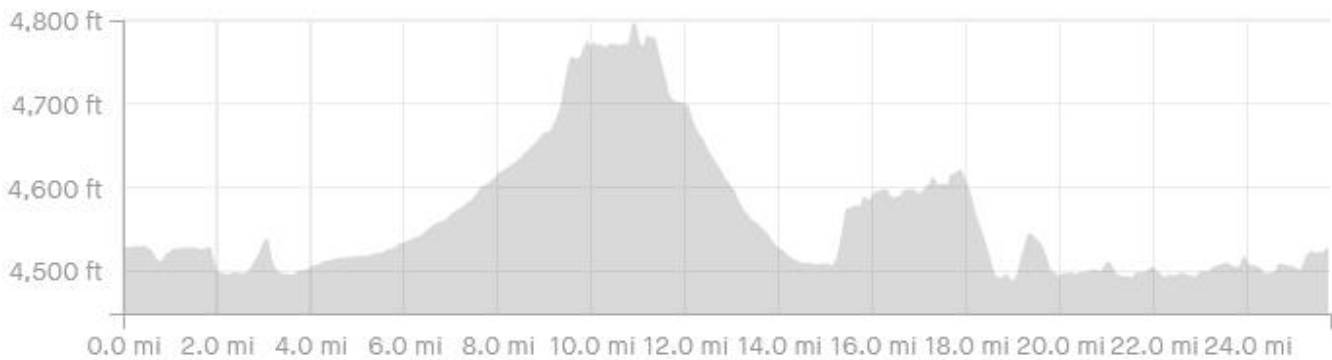
**Each lap is 25.8 miles and ~700 feet elevation**



**25.78mi**  
Distance

**676ft**  
Elevation Gain

**Road**  
Ride Type



RidewithGPS Link: <https://ridewithgps.com/routes/31873056>

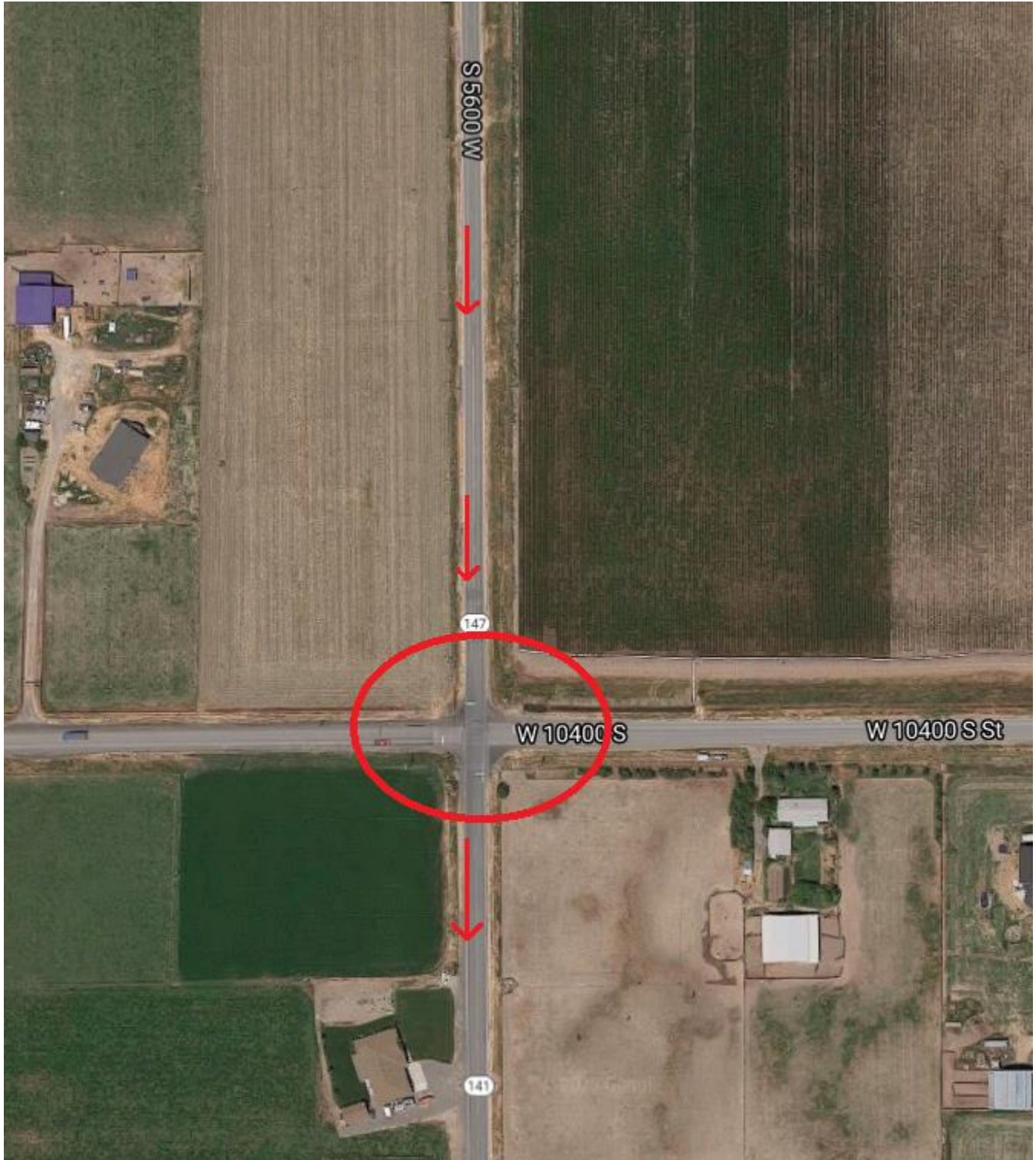
Strava Link: <https://www.strava.com/routes/27586219>

***'Event Traffic Ahead'* sign location option with course arrows.**



# Intersection of SR-147 (5600 West) & 10400 South 4-way stop sign – Traffic controlled Intersection

9am – Noon (3 hr. window)





**Possible volunteer location to keep riders on course with course arrows.**

9:30am – Noon (2.5 hr. window)



# Intersection of Center Street & Main Street in Genola

## 4-way stop sign – Traffic controlled Intersection

9:30am – Noon (2.5 hr. window)



# Finish Line Location with 'Event Traffic Ahead' option location, cone chute for finish

10am – 1:00pm (3 hr. window)



# Aid Stations & Support

**NO** water hand-ups will be provided. Carry a 3<sup>rd</sup> bottle, if needed.

Bathrooms will only be at the RaceHQ. Be sure to go before your race.

Please do NOT litter along the course. Racers are subject to DQ for littering.

## Rules of the Road

- All USAC rules are in effect.
- Helmets – No helmet, no race.
- This is an open course and will have some traffic although should be very minimal. Center Line Rule is in effect. Cross the yellow line and risk DQ. If no painted centerline marking is present riders must always keep to the right side of the road unless instructed by an official.
- Each rider will be given a bib number and it must be worn on the jersey above the pockets. Number placement location will be given at time of packet pick up/check-in.
- Do not cut, fold or alter numbers per USAC rules and also makes it harder for the finish line camera to record your finish placement.
- No littering – If you throw your trash anywhere but a trash can you risk a DQ.
- No public urination – Bathrooms are available at the start/finish line only. Be sure to go before your race starts.
- Depending on registration numbers, some fields may race together but will be scored/podium separately.
- Personal support vehicles are not allowed for private support.
- Wheel cars will be provided, as possible.
- Podium with prizes will be done ~ 30 mins after race finish as results are finalized.
- A sweep vehicle will drive the course after the event to clean any accidental trash from the riders and pick up any riders, if needed.

### **Contact Info:**

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