









2024 Texas State Championship Time Trial

Presented by: SWCC / Geri Atrix / Violet Crown Racing Club/ The Racing Post

May 11, 2024 (USAC permit # 2024-9045) www.BikeReg.com/TSTT

		5K	
\$25	Junior Girls 6-9.	State Championship	Medals
\$25	Junior Boys 6-9	State Championship	Medals
\$25	Junior Girls 10 - 14	State Championship	Medals
\$25	Junior Boys 10 -14	State Championship	Medals
\$50	1 st time TT Men Open	Non Championship	Awards
\$50	1st Time TT Women Open	Non Championship	Awards
		0K	
\$50	Faired Recumbent includes tricycles.	Non Championship	Award
\$25	Junior Men 15-16	State Championship	Awards
\$25	Collegiate Men C	State Championship	Medals
\$50	Men 60-64	State Championship	Medals
\$50	Men 65-69	State Championship	Medals
\$50	Men 70-74	State Championship	Medals
\$50	Men 75-79	State Championship	Medals
\$50	Men 80-89	State Championship	Medals
\$50	Men 90+	State Championship	Medals
\$25	Junior Women 15-16	State Championship	Awards
\$25	Collegiate Women B	State Championship	Medals
\$25	Collegiate Women C	State Championship	Medals
\$50	Women 55-59	State Championship	Medals
\$50	Women 60-64	State Championship	Medals
\$50	Women 65-70	State Championship	Medals
\$50	Women 70-74	State Championship	Medals
\$50	Women 75 - 79	State Championship	Medals
\$50	Women 80-89	State Championship	Medals
\$50	Women 90+	State Championship	Medals
Ф ГО		OK Non Chamanianahin	Aurand
\$50	Open Tandem Men	Non Championship	Award
\$50	Men P1/2 Men Cat 3	State Championship	Medals
\$50 \$50	Men Cat 4	State Championship	Medals Medals
\$50	Junior Men 17-18	State Championship State Championship	Medals
\$50	Men Cat 5	State Championship	Medals
\$50	Men 35+ 4/5	State Championship	Medals
\$50	Men 35-39	State Championship	Medals
\$50	Men 40-44	State Championship	Medals
\$50	Men 45-49	State Championship	Medals
\$50	Men 50-54	State Championship	Medals
\$50	Men 55-59	State Championship	Medals
\$50	Clydesdale Men	Non Championship	Awards
\$25	Collegiate Men A	State Championship	Medals
\$25	Collegiate Men B	State Championship	Medals
\$50	Conoglate Men D		
			Awards
	Open Tandem Women	Non Championship	Awards Medals
\$50	Open Tandem Women Women P1/2	Non Championship State Championship	Medals
\$50 \$50	Open Tandem Women Women P1/2 Women Cat 3	Non Championship State Championship State Championship	Medals Medals
\$50 \$50 \$25	Open Tandem Women Women P1/2 Women Cat 3 Collegiate Women A	Non Championship State Championship State Championship State Championship	Medals Medals Medals
\$50 \$50 \$25 \$50	Open Tandem Women Women P1/2 Women Cat 3 Collegiate Women A Junior Women 17-18	Non Championship State Championship State Championship State Championship State Championship	Medals Medals Medals Medals
\$50 \$50 \$25 \$50 \$50	Open Tandem Women Women P1/2 Women Cat 3 Collegiate Women A Junior Women 17-18 Women Cat 4	Non Championship State Championship State Championship State Championship State Championship State Championship	Medals Medals Medals Medals Medals
\$50 \$50 \$25 \$50 \$50 \$50	Open Tandem Women Women P1/2 Women Cat 3 Collegiate Women A Junior Women 17-18 Women Cat 4 Athena Women	Non Championship State Championship State Championship State Championship State Championship State Championship Non Championship	Medals Medals Medals Medals Medals Medals Awards
\$50 \$50 \$25 \$50 \$50 \$50 \$50	Open Tandem Women Women P1/2 Women Cat 3 Collegiate Women A Junior Women 17-18 Women Cat 4 Athena Women Women 35-39	Non Championship State Championship State Championship State Championship State Championship State Championship Non Championship State Championship	Medals Medals Medals Medals Medals Medals Medals Awards Medals
\$50 \$50 \$25 \$50 \$50 \$50 \$50	Open Tandem Women Women P1/2 Women Cat 3 Collegiate Women A Junior Women 17-18 Women Cat 4 Athena Women Women 35-39 Women 40-44	Non Championship State Championship State Championship State Championship State Championship State Championship Non Championship State Championship State Championship State Championship	Medals Medals Medals Medals Medals Medals Medals Awards Medals Medals
\$50 \$50 \$25 \$50 \$50 \$50 \$50	Open Tandem Women Women P1/2 Women Cat 3 Collegiate Women A Junior Women 17-18 Women Cat 4 Athena Women Women 35-39	Non Championship State Championship State Championship State Championship State Championship State Championship Non Championship State Championship	Medals Medals Medals Medals Medals Medals Medals Awards Medals

Welcome to the 2024 Texas State Time Trial Championships.

SouthWest Cycling Club, Geriatric Elite Masters Racing, Violet Crown Cycling, and The Racing Post are working together to bring the State Time Trial Championships back to Hempstead.

Our goal is to provide timed racing opportunities for all ages, abilities, and styles of bikes, to promote road biking, and to continue the long tradition of time trialing in Waller County. We want to thank the *Waller County Library, Hempstead ISD, Hempstead PD, The City of Hempstead, and Waller County Sheriff's Department* for their help and support for this event. Proceeds from the race will benefit these organizations.

LOCATION AND COURSE

Hempstead, Texas is 50 miles west of Houston, 170 miles east of San Antonio, 110 miles east of Austin, and 200 miles south of Dallas. We will run the traditional out-and-back course on Highway 1887. The course is very flat, with just over 200 vertical feet of climbing over the 40K course, and typically has a southeast breeze. The start and finish lines are on1887/11th Street, just south of the Waller County Library at 23311th St. Race headquarters is in the parking lot on the west side of the library (no racer parking here). Racer parking is at Hempstead Middle School, 2532 9th Street, with overflow parking at Hempstead High School.

THERACINGPOST

- Pre-Reg ONLY ~ <u>No exceptions</u>. BikeReg will close 2days before the event. Start times will be emailed to all participants
- All participants MUST have either an annual USAC racing license or a ONE DAY USAC license. NO on-site sales of ONE DAY – purchase them through BikeReg. For Championship status all events require a valid USAC Annual license
- State Championship Jerseys will be available for Podium Pictures.
 Winners will be given access to purchase Jerseys.
- First Rider off at 9A / 30 Second intervals / 20-minute break between distance waves (last rider must pass turn-around)
- Chips are NOT required nor tracked. Chief Judge decisions are final. (You can protest but you cannot argue NOR use your bike computer's time)
- Results will be posted as soon as Category as soon as possible.
 Podiums will be held immediately after the protest period has elapsed
- For Championship status in Team Time Trial Events all participants of the team must be Texas Residents with an Annual USAC License.
 - No Medals or Awards will be mailed.

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	Women 55-59	State Championship	Medals		
	Cracial Cata	vanica Trial 2016			
Ф ГО		ories Trial 20K	Madala		
\$50	Guided Tandem Men	Championship	Medals		
\$50	Guided Tandem Women	Championship	Medals		
\$50	Men Multi-Sport	Non-Championship	Awards		
\$50	Women Multi-Sport	Non -Championship	Awards		
\$50	Men AWD Handcycle	Championship	Medals		
\$50	Women AWD Handcycle	Championship	Medals		
\$50	Unfaired recumbent,	Non Championship	Award		
A= 0	Includes tricycles				
\$50	"Eddy Merckx Men	Non Championship	Awards		
\$50	"Eddy Merckx" Women	Non Championship	Awards		
\$50	Men Gravel	Non Championship	Award		
\$50	Women Gravel	Non Championship	Award		
\$50	Men Single-Speed ~	Non Championship	Award		
	Locked gears will be				
	accepted				
\$50	Women Single Speed.	Non Championship	Award		
	Locked gears will be				
	accepted				
\$50	Women AWD Upright	Championship	Medals		
\$50	Men AWD Upright	Championship	Medals		
Team Time Trial 20K					
ሰ ር 0			Madala		
\$50 \$50	Men 60+ Men 70+	State Championship	Medals Medals		
7.00	Women 50+	State Championship			
\$50		State Championship	Medals		
\$50	Women 60+ Junior Women 15-16	State Championship	Medals		
\$25	Junior Women 15-16	State Championship	Medals		
\$25	Junior Women 17-18	State Championship	Medals		
\$50	Women 70+	State Championship	Medals		
		e Trial 40K			
\$50	Men P1/2	State Championship	Medals		
\$50	Men Cat 3	State Championship	Medals		
\$50	Women P1/2	State Championship	Medals		
\$50	Men Cat 4	State Championship	Medals		
\$25	Jr Men 15 - 18	State Championship	Medals		
\$50	35+ 4/5	State Championship	Medals		
\$50	Men Cat 5	State Championship	Medals		
\$50	Men 50+	State Championship	Medals		
\$50	Women Cat 3	State Championship	Medals		
\$50	Women Cat 4	State Championship	Medals		
\$50	Women 40+	State Championship	Medals		

Important General Information:

There is NO on-site registration.

ONLY ONE One-Day license for non-annual USAC participants is required regardless of the number of events raced.

All riders, including non-USAC-licensed riders, will be required to sign a USAC waiver form. Waivers and Numbers will be available for signature and pickup at ______ on Friday, May 3, between 4 and 7 PM or at Race Headquarters on the west side of the Waller County Library, Hempstead, Texas after 7:00 AM on May 4. Riders are responsible for ensuring that their names, team names if any, and license numbers, if applicable, are correct at the time of signing and pickup.

Numbers on the RIGHT and horizontal when in your racing position. UNCRUMPLED, please. Riders with folded numbers may be fined.

Riders warming up on local streets MUST BE COURTEOUS TO ALL TRAFFIC AND OBEY ALL TRAFFIC LAWS.

Riders will start with one foot down. Holders will not be provided or allowed. We will have a ramp – if you are unsure, you can also start at the line (nobody is allowed to fall off!)

The course is NOT CLOSED. THE YELLOW LINE RULE IS IN EFFECT Riders MUST REMAIN IN THEIR LANE except when turning at a guarded turnaround. While there is generally very light traffic on the course, riders must realize that cars may enter the course from both directions as well as driveways. The start lane, the one crossroad and the turnarounds will be



Misc:

- 1. All start times Emailed to participants and at the registration table.
- 2. Race Headquarters will open at 7:00 AM on Race Day / First Rider off at 9A
- 3. Prizes and awards may be adjusted based on total registrations
- 4. Protests must be made within 15 minutes of results for that race being posted
- 5. Helmets meeting USAC specifications must be worn whenever a rider is astride a bicycle
- 6. Numbers must be worn on the right side and pinned so they can be read horizontally.
- 7. Report any issues to the officials, race promoters and police. Let us handle it.
- 8. Start times will be emailed to each rider on the day prior to the race and posted at the race.
- 9. EACH RIDER IS RESPONSIBLE FOR BEING AT THE START LINE AT THEIR START TIME.
- 10. First to register in a category starts last in that category
- 11. There will be a 30-second interval between start times.
- 12. Clydesdale Men are 200 lbs and over Athena Women are over 180 lbs (honesty counts)

SPECIAL CATEGORIES

Special Category riders include Faired and Unfaired recumbents, Multi-sport riders, Gravel Bikes, Single Speeds, and Eddie Merckx-limited road bikes. Though 1-Day licenses are required for insurance purposes, they are not official "Championship" events. The Promoter will recognize the top three places with awards. Descriptions of qualifications and equipment allowed for these special categories can be found on the last pages of this race book.

Team Time Trial

- 1. Team members must be Pre-Reg'd
- 2. 20k require 3 riders to start, with the time being taken on the 2nd rider to cross the finish line.
- 3. 40K require 4 riders to start, with the time being taken on the third rider.
- 4. Start times within categories will be determined by order of registration, with the first team to register, including pre-registered teams, starting last.
- 5. Category teams ride the category of their highest-ranked rider
- 6. Junior teams may be mixed but ride the age of their oldest male rider
- 7. Age-based teams ride in the age of their youngest male rider.
- 8. Mixed-gender Senior teams ride the age of their youngest male or the category of their highest ranked male rider.
- 9. Consult race promoters with combinations not covered above.
- 10. Categories with only one team will be allowed to ride, and are expected to ride at a competitive pace. Cruisers may be disqualified.

Awards

- 1. Only State of Texas residents with ANNUAL USAC licenses will be named Texas State Time Trial champions.
- 2. Awards will be given through three places
- 3. Podium awards will be USAC medals and Texas State Time Trial awards
- 4. Championship Jerseys will be awarded to the fastest 40K ITT male and female riders on the day,
- 5. Championship jerseys will be available for on-line purchase by category winners only.

AWD

Given the range of impairments and the scope of our race, we are able to provide only handcycle and bicycle categories for individual riders. AWD riders on bicycles must provide documentation of their classification when registering. AWD rider who cannot provide documentation of their impairment will not be allowed to register. Visually impaired riders may ride Guided Tandem category only.

SPECIAL CATEGORY GENERAL RULES

- 1. At least a USAC One-day license is required.
- 2. Not eligible for USAC Texas State Time Trial Champion designation and medal
- 3. Awards from promoter through 3 places
- 4. Riders with equipment judged to be out of compliance with category rules will be timed as a multi-sport rider.

Faired Recumbent Rules

- 1. Can be bicycle or tricycle
- 2. Any aero or other speed gear is allowed. (except motors.)

Multi-sport Rules

Multi-sport category is our least restrictive category. If it's legal in triathlon, it's legal here. Wide frame tubes? Check! Beam bikes? Check! Recumbents? NOPE. Fairings? NOPE.

Eddie Merxx Rules

Our purpose in having an Eddie Merxx category is to give road bike riders a chance to compete in a timed, controlled situation against similar equipment. Keep the Merxx spirit alive!

- 1. "Double Diamond" road bike (non-tt) frame
- 2. Standard drop bar. No aero bars, bull horn bars or add-on extensions.
- 3. No fairings or other aero fittings
- 4. No disc wheels. Maximum rim depth 60mm. (Zipp 404 or similar. We won't quibble over a few mm but 70mm is too much.
- 5. Not pointy helmets Specialized Evade, Giro Air Attack and similar are OK. Giro Arrowhead is not.
- 6. No helmet-mounted visor
- 7. No skinsuit/speedsuit. Jersey over bib or shorts only. Extra style points for retro wool jersey.
- 8. No shoe covers
- 9. Socks below bottom of gastrocnemius muscle split.

Gravel Bike Rules

Our purpose for having a Gravel category is to give gravel riders a chance to compete in a timed, controlled situation against similar equipment. Keep the spirit of gravel in mind when picking your equipment.

- 1. Double-diamond non-tt bike frame.
- 2. Minimum tire width 40 mm
- 3. Drop bars only. No aero bars, bull horn bars, add-on extensions
- 4. No pointy helmets. Specialized Evade, Giro Air Attack and similar are OK. Giro Arrowhead is not.
- 5. No helmet-mounted visor

- 6. No skin suits/speedsuits. Jersey over bib/shorts only.
- 7. No shoe covers
- Socks below gastrocnemius split

Single-Speed Rules

- Any UCI-approved mountain, gravel, track, road, or TT bike, either single speed or muti-speed with locked gears is acceptable All UCI-approved aero equipment and clothing is acceptable.
- Fixed-gear bikes must have brakes fitted for front and rear wheels 3.

Unfaired Recumbent Rules

- Can be bicycle or tricycle
- No windshield or fairings