



# Lindsey Wilson College Mountain Bike Race

Sep 17-18, 2022

**CONTACT:**

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USAC Permit: 6204

**LOCATIONS:**

**Saturday: CENTRAL time zone**  
500 Connie Street  
Columbia, KY 42544

**Sunday: EASTERN time zone**  
1200 State Hwy 3189  
Nancy, KY 42544

REGISTRATION: \$20 per rider per event, \$25 Team Relay

## HIGH SCHOOL RACERS

Racers in high school are allowed to compete in B or C categories.

## PRE-REGISTRATION ONLY!

Please pre-register online. There is NO day of registration!

## IMPORTANT INFO ABOUT TIME ZONES!

Saturday the race will be in the CENTRAL time zone, Sunday will be in the EASTERN time zone.

## Saturday • September 17 • 500 Connie St. Columbia, KY

### SCHEDULE:

#### SATURDAY

STXC - SHORT TRACK

8:00 A.M. CST - TEAM RELAY

8:25 A.M. CST - WOMEN C - 15 MINS

8:45 A.M. CST - WOMEN B - 20 MINS

9:10 A.M. CST - MEN C - 15 MINS

9:30 A.M. CST - MEN B - 20 MINS

9:55 A.M. CST - WOMEN A - 30 MINS

10:30 A.M. CST - MEN A - 30 MINS

DS - DUAL SLALOM

9:45 A.M. - 1:10 P.M. CST - PRACTICE

1:30 P.M. CST - QUALIFYING



### PARKING:

There is **NO** parking at the top of the hill this year. Everyone must park in the gravel lot. Enter at 500 Connie St.

## Sunday • September 26 • 1200 State Hwy 3189, Nancy, KY

### SCHEDULE:

#### SUNDAY

XC - CROSS COUNTRY

9:00 A.M. EST - MEN A: 3 LAPS

9:05 A.M. EST - MEN B: 2 LAPS

9:10 A.M. EST - WOMEN A: 2 LAPS

11:30 A.M. EST - MEN C: 1 LAP

11:35 A.M. EST - WOMEN B: 1 LAP

11:40 A.M. EST - WOMEN C: 1 LAP

DH - DOWNHILL

9:30 A.M. - 1:30 P.M. EST - PRACTICE

2:00 P.M. EST - RACE

## **SHUTTLE:**

This is a driveable trail via a paved road. Organize with your team how this could work best for you.

Riders without a team shuttle, don't hesitate to hop on a shuttle provided by LWC!

This is an open road, so be careful!

## **DOWNHILL:**

FULL FACE HELMET AND PRACTICE LAP REQUIRED! One run race format. Start Order: Men A, Men B, Women A, Men C, Women B/C

## **PARKING:**

Parking is located in the center of the events. Note that it is about 0.25 miles to the feed zone from the team parking area via a paved road. NO cars at the XC Start. The finish of the Downhill is about 0.5 miles from the team parking via a paved road. Limited space available for vehicles at the Downhill Finish. MAKE SURE TO NOT BLOCK THE SHUTTLE PATH!

## **TEAMS WITH TRAILERS/BUSES:**

You will be directed to the RV camp spots that will allow you room to pull in and out. Teams, please leave the larger spots open for the larger teams. Smaller Trailers head to the small spaces.



## **CARS:**

We may have some room in the camp spots, but if not we have lots over by Registration.

**NOTE:** When looking for hotels, Somerset is 35 minutes from the Saturday race and 15 minutes from the Sunday race. Columbia is 5 minutes from the Saturday Race and 45 minutes from the Sunday race.