



TECHNICAL GUIDE 2018

www.reallyradcx.com

#RRFCX

an International Cycling and Event Services Production

Cape Cod Fairgrounds Falmouth MA
1132 Nathan Ellis Hwy (RT 151), East Falmouth, MA 02536



CONTENTS

SPONSORS _____	3
EVENT OVERVIEW _____	4
PRODUCTION STAFF _____	4
OFFICIALS _____	5
RACE SCHEDULES _____	6
UCI PRIZE and POINTS SCHEDULE _____	7
DIRECTIONS and TRAVEL _____	8
PARKING and SITE MAP _____	9
TEAM TENTS and EXPO TENTS _____	10
LODGING _____	11
RULES and REGULATIONS _____	12
REGISTRATION and NUMBER PLACEMENT _____	13
ANTI-DOPING _____	14
MEDIA _____	15
FIRST AID and EMERGENCY SERVICES _____	16
STAGING and START ORDER _____	17
LAPPED RIDERS _____	18
PIT ACCESS _____	19
PIT and BIKE WASH _____	20
RESULTS and AWARDS _____	21
COURSE MAP _____	22
WARM UP and COURSE PREVIEW _____	24
VOLUNTEERING _____	25
CONTACT _____	25

SPONSORS



Benefiting



EVENT OVERVIEW

The Really Rad Festival of Cyclocross is the continuation of the Plymouth Cyclocross that started in 1977 at the Plymouth Carver High School in Plymouth, MA. Upon moving to the Cape Cod Fairgrounds in 2016, the race was renamed and expanded into the Really Rad Festival of Cyclocross.

The RRFCX aims to bring a top class event to the New England cyclocross calendar while remaining accessible to all riders, amateur and professional alike.

PRODUCTION STAFF

Race Production

International Cycling and Event Services

Race Director

Adam Sykes

adam@intlcycling.com

Race Director

Bill Sykes

bill@intlcycling.com

Elite Athlete Relations

Sara Bresnick

smbres@gmail.com

Media

Lauren LeClaire

media@intlcycling.com

RACE OFFICIALS

PCP	Phil Miller
Comm ACR	Jeff Poulin
CJ	Gary Toth
Secretary	Chris Constantino
Judge	tbd
Referee	tbd

RACE SCHEDULES

DATE	CATEGORY	DISTANCE	FEE	FIELD	PRIZES	PLACES	START TIME	
SATURDAY	3-Nov	Registration OPENS						7:00 AM
		Course open for Inspection						7:30 AM
		Junior Men 15-18	30 MIN	\$10	30	MEDALS	5	8:00 AM
		Junior Women 15-18	30 MIN	\$10	30	MEDALS	5	
		Junior Men 9-14	TWO LAPS	\$10	20	MEDALS	5	8:01 AM
		Junior Women 9-14	TWO LAPS	\$10	20	MEDALS	5	
		MASTERS MEN 40+ CAT 1-4	40 MIN	\$41	50	MEDALS	5	8:45 AM
		MASTERS MEN 50+ CAT 1-4	40 MIN	\$41	50	MEDALS	5	8:46 AM
		MASTERS MEN 60+ CAT 1-4	40 MIN	\$41	50	MEDALS	5	8:47 AM
		WOMEN 4-5	30 MIN	\$41	100	MEDALS	5	9:40 AM
		MEN 4-5	40 MIN	\$41	100	MEDALS	5	10:25 AM
		MASTERS WOMEN 40+ CAT 1-4	40 MIN	\$41	50	MEDALS	5	11:20 AM
		WOMEN 3	40 MIN	\$41	50	MEDALS	5	11:21 AM
		UCI Course Inspection						12:05 PM
		MEN 2-3-4	40 MIN	\$41	100	MEDALS	5	12:30 PM
		UCI WOMEN	40 MIN	\$50	125	\$1,827	20	1:30 PM
		UCI MEN	60 MIN	\$50	125	\$1,827	20	2:30 PM
		UCI Awards						3:45 PM
		THE CORNER CYCLE BIG FAT TIRE EXTRAVAGANZA	30 MIN	\$7	50	RAD STUFF	5	4:00 PM
	SUNDAY	4-Nov	Registration OPENS					
		Course open for Inspection						7:30 AM
		Junior Men 15-18	30 MIN	\$10	30	MEDALS	5	8:00 AM
		Junior Women 15-18	30 MIN	\$10	30	MEDALS	5	
		Junior Men 9-14	TWO LAPS	\$10	20	MEDALS	5	8:01 AM
		Junior Women 9-14	TWO LAPS	\$10	20	MEDALS	5	
		MASTERS MEN 40+ CAT 1-4	40 MIN	\$41	50	MEDALS	5	8:45 AM
		MASTERS MEN 50+ CAT 1-4	40 MIN	\$41	50	MEDALS	5	8:46 AM
		MASTERS MEN 60+ CAT 1-4	40 MIN	\$41	50	MEDALS	5	8:47 AM
		WOMEN 4-5	30 MIN	\$41	100	MEDALS	5	9:40 AM
		MEN 4-5	40 MIN	\$41	100	MEDALS	5	10:25 AM
		MASTERS WOMEN 40+ CAT 1-4	40 MIN	\$41	50	MEDALS	5	11:20 AM
		WOMEN 3	40 MIN	\$41	75	MEDALS	5	11:21 AM
		Really Rad CX Super Squirr Kids Race	special course	FREE	999	FUN STUFF		12:00 PM
		UCI Course Inspection						12:05 PM
		MEN 2-3-4	40 MIN	\$41	100	MEDALS	5	12:30 PM
		UCI WOMEN	40 MIN	\$50	125	\$1,827	20	1:30 PM
		UCI MEN	60 MIN	\$50	125	\$1,827	20	2:30 PM
		UCI Awards						3:45 PM

UCI PRIZES and POINTS

Place	Euro	Dollars	Points
1	€ 350.00	\$419.27	40
2	€ 180.00	\$215.62	30
3	€ 120.00	\$143.75	20
4	€ 90.00	\$107.81	15
5	€ 85.00	\$101.82	10
6	€ 80.00	\$95.83	8
7	€ 75.00	\$89.84	6
8	€ 70.00	\$83.85	4
9	€ 65.00	\$77.86	2
10	€ 60.00	\$71.87	1
11	€ 55.00	\$65.88	0
12	€ 50.00	\$59.90	0
13	€ 45.00	\$53.91	0
14	€ 40.00	\$47.92	0
15	€ 35.00	\$41.93	0
16	€ 25.00	\$29.95	0
17	€ 25.00	\$29.95	0
18	€ 25.00	\$29.95	0
19	€ 25.00	\$29.95	0
20	€ 25.00	\$29.95	0

DIRECTIONS and TRAVEL

EVENT ADDRESS

Cape Cod Fairgrounds Falmouth MA
1132 Nathan Ellis Hwy (RT 151), East Falmouth, MA 02536

FROM ALL POINTS NORTH

Take RT 28 South to RT 151 West
Fairgrounds are 4.4 miles on left
Follow signs for RACE PARKING

FROM ALL POINTS EAST

Take RT 28 North to RT 151 East
Fairgrounds are 2.2 miles on right
Follow signs for RACE PARKING

FLIGHTS

The Cape Cod Fairgrounds are about the same distance from either
TF Green Airport (Providence) or Logan International Airport (Boston).

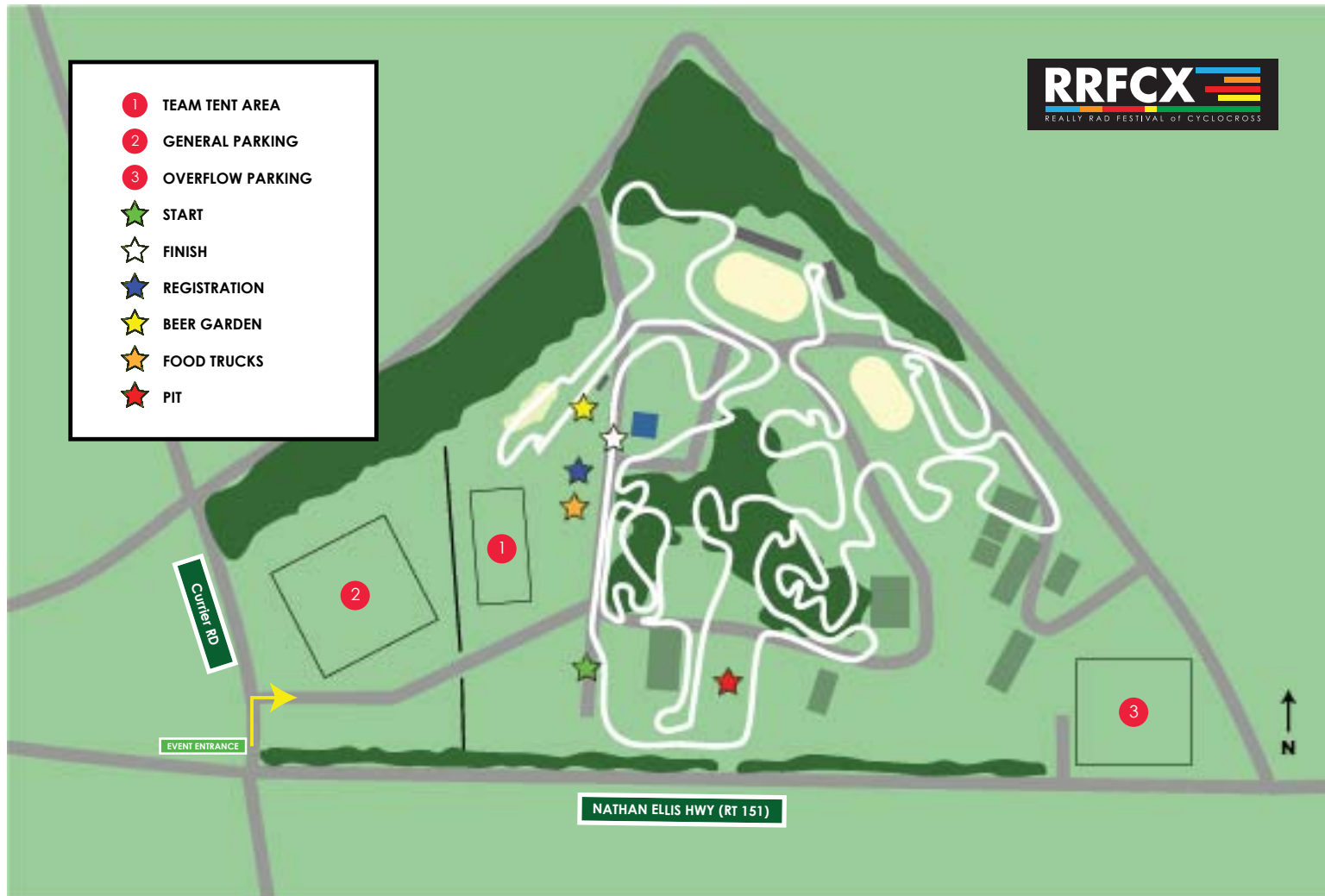
FROM LOGAN (BOS)

RT I-93 South to
RT 3 South to
RT 6 West to
RT 28 South to
RT 151 West
Fairgrounds are 4.4 miles on left
Follow signs for RACE PARKING

FROM TF Green (PVD)

RT I-95 North to
RT I-195 East to
RT 25 South to
RT 28 South to
RT 151 West
Fairgrounds are 4.4 miles on left
Follow signs for RACE PARKING

PARKING and SITE MAP



General parking and overflow parking are free. There may be a person with a tin cup asking for small parking donation to help offset the cost of the venue rental. This is totally optional, though a dollar or two would be very helpful.

TEAM TENTS

To Park in the Team Tent area, you must have a pass. Passes can only be purchased in advance on bikereg.com. Each Team Tent spot gets a 25' x 20' space for ONE car and ONE 10 x 10 tent. First come, first served. \$50 for one day or \$75 for two days. Tents may be left setup over night. Suitable stakes or weights are requested to be used on all tents.

Team Tent parking gives you, your team, and your friends an outstanding location to set up camp. You'll be close to all the action as well as the Start, Finish, Registration, the PIT, the Beer Garden, Food Trucks, and most importantly, the toilets.

Enhance your weekend at the RRFCX by reserving your spot in advance.

*****There are no day-of options to purchase a Team Tent spot**

EXPO TENTS

Expo Tent Spots are available right on the path to registration. If you're looking for a great location to set up shop and hawk your wares, contact contact_rrfcx@intlcycling.com for more information

LODGING

The official hotel of the RRFCX

Holiday Inn Cape Cod-Falmouth
291 Jones Rd Falmouth, MA
508-540-2000

The Holiday Inn Cape Cod-Falmouth is a short drive from the Cape Cod Fairgrounds and is minutes away from beautiful downtown Falmouth, where a large selection of shops and restaurants will keep you entertained in the evening.

The hotel has a large parking lot with plenty of room for team vans and trailers.

Use the code "RRP" at booking to get a rate of \$104/night.

This link goes directly to the Holiday Inn booking page - <https://tinyurl.com/ycj78r2x>

In addition to the Holiday Inn, the Town of Falmouth has a great variety of hotels, resorts, and bed and breakfasts. Visit www.falmouthvisitor.com for more information

RULES and REGULATIONS

All amateur races at the Really Rad Festival of Cyclocross are governed under the 2018 Rules and Regulations set forth by USA Cycling

The Really Rad UCI Elite Men's and Women's races are governed under the 2018 Rules and Regulations set forth by the Union Cycliste Internationale.

There are a few things we ask of you at the RRFCX:

Camping - There is no tent camping at the Cape Cod Fairgrounds.

Alcohol - We have a great beer garden for you to have some post race brews in. The Town of Falmouth requires all alcohol to be consumed in the permitted area.

Fighting - Don't get into a fight. You will be asked to leave and your registration will be revoked with no refund. Not that we expect anyone to start throwing down, it's just a reminder.

Drones - No drones please. They can crash on the course and cause serious harm.

Fun - Have lots of it. The RRFCX aims to give you the rider a fun and safe environment to enjoy a weekend of outstanding bike racing. Whether you're on a cross bike for the first time or you're here chasing UCI points, we want you to enjoy yourself. If anything is totally out of whack, let the race staff know and we'll address it right away.

REGISTRATION

Preregistration is highly recommended for all races on bikereg.com.

UCI races are prereg only on bikereg.com.

All other races will have day-of registration available on a first come first served basis.

A **\$10.00** late fee will be charged to all day-of registrants.

Register early, register often.

Riders wishing to race two races in the same race day will only be charged \$15 for their second race.

Number pick up and registration sign in will be near the finish line on the race site. Signs will be placed to show you the way.

Registration opens at 7:00am both days.

Registration closes 30 minutes before each race.

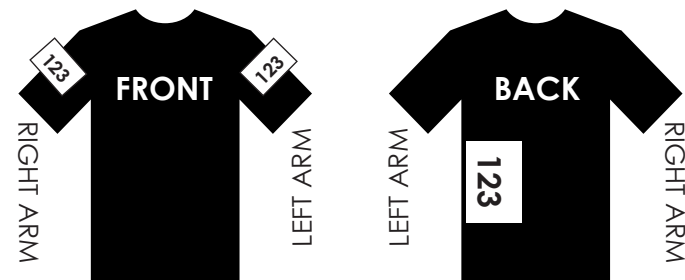
Field limits for each race are posted in the race schedule.

NUMBER PLACEMENT

LARGE NUMBERS GO ON THE LEFT

SMALL NUMBERS GO ON YOUR SHOULDERS

IF YOU'RE NOT SURE HOW TO PLACE YOUR NUMBERS
PLEASE ASK FOR ADVICE AT THE REG TABLE



ANTI-DOPING

All races at the REALLY RAD FESTIVAL of CYCLOCROSS are subject to USAC and UCI anti-doping regulations. The RRFCX is operated under the USA Cycling RACE CLEAN program.

All USAC races are subject to anti-doping regulations and may be tested by USADA.

All UCI races are subject to anti-doping regulations and may be tested by WADA.

Information regarding doping control will be posted at Registration.

Selections for doping control will be posted on the Results Board at the finish area.

Location of Anti-Doping Control will be posted clearly at Registration.

REGARDLESS OF DOPING CONTROL, RIDERS ARE ALWAYS ENCOURAGED TO **RACE CLEAN!**

MEDIA

For Media inquiries please contact - media@reallyradcx.com

Media and Photography credentials are available upon request.

Non-Credentialed photographers and other members of the press may be asked to cease activity until proper credentials are obtained.

Commercial use of images and video of the Really Rad Festival of Cyclocross are subject to copyright laws. The RRFCX requests that individuals and organizations who wish to use images and video of the event for commercial purposes to contact the event before the race.

Press releases for the RRFCX can be found at www.reallyradcx.com/press

FIRST AID and EMERGENCY SERVICES

There will be a staffed medical tent adjacent to Registration.

In the event of an emergency, call 911 and notify event staff immediately.

HOSPITALS

14 minute drive from event site:

Falmouth Hospital

100 Ter Heun Dr, Falmouth, MA 02540

30 minute drive from event site:

Cape Cod Hospital

27 Park St, Hyannis, MA 02601

STAGING and STARTING ORDER

ALL RIDERS MUST REPORT TO STAGING 15 MINUTES BEFORE THE START OF THEIR RACE.

Staging is located at the southern end of the finish stretch and is clearly defined with signage.

All riders must have completed a USAC release form before entering the start grid.

Riders should stage at the back of the start grid and await instructions from the officials.

USAC Races will be staged in order of the most current USAC cyclocross individual classification of the current season. Then followed by order of registration.

UCI Races will be staged in order of the most current UCI cyclocross individual classification of the current season. Then followed by order of registration.

LAPPED RIDERS

USAC Races

Every effort will be made to permit all riders to complete the full length of their race. Riders who are lapped will be allowed to remain in the race but must avoid impeding the progress of un-lapped racers, please stay to the side of the course if you are being lapped. Lapped riders may be held before the final finish straight if a finishing sprint is developing or in progress. The **80% rule** will only be used if it is absolutely necessary. Race officials have final determination as to the status of any lapped riders.

UCI Races

The **80% rule** will fully apply as described in UCI article 5.1.052. Effected riders will be listed in the results in the order in which they are pulled out of the race plus number of laps that have not been completed. Race officials have final determination as to the status of any lapped riders.

PIT and BIKE WASH

Neutral Support will be available in the PIT

The PIT bike wash will be located at the southern end. This bike washing station is only for use by staff of riders who are in the current race.

Riders are asked to promptly remove their equipment from the PIT area as soon as possible to make room of riders in the next race.

A separate bike wash is located out side of the PIT of use by any rider at any time.



PIT ACCESS

USAC Races

No PIT Passes are required for access to the PIT during USA Cycling events. Each rider is allowed two helpers in the PIT. Please remove your bike and wheels promptly after your race is completed.

UCI Races

Passes are required for access to the PIT. Each rider may request two PIT Passes per day at Registration. Please note that only working mechanics are allowed in the PIT.

RESULTS

Results will be posted on a clearly marked results board adjacent to the officials stand in the finish line area.

Riders have a window of 15 minutes from the time of the posting of results to protest said results. After the 15 minute protest period is over, you are out of luck.

ALL RESULTS ARE FINAL AFTER THE PROTEST PERIOD.

AWARDS

USAC races are MEDALS/5 for all fields

Awards for all USAC races will take place at the awards podium near the finish area approximately 20 minutes after each race. Riders are asked to at least wear their team clothing on the podium. We really don't want to have podium shots of you in your Carhartt and Dickies for posterity!

All UCI races are \$1827/20 for all fields

Awards ceremony for UCI races will take place at 3:45pm both days. Riders are requested to professionally represent their team and sponsors with appropriate clothing on the podium.

All awards must be picked up at Registration before the end of each day. No medals will be mailed

COURSE MAP - DAY 1



COURSE MAP - DAY 2



WARM UP and COURSE PREVIEW

Course preview will be available beginning Friday November 2nd from 1pm - 3pm. Riders on the course at this time may encounter staff making final adjustments and are advised to use caution.

Course opens each day officially at 7:30am. All riders are welcome to preview the course at this time.

There is a 15-20 gap between each race during the day. Riders are welcome to inspect the course after each race finishes. Please enter the course AFTER the finish line as to not interfere with any riders still finishing their race.

Any rider who interferes with an in progress race may be asked to leave, forfeiting their registration fee.

UCI Course inspection is at 12 NOON each day. Only Riders in the UCI races are allowed on course at this time. No exceptions.

If you'd like to get an earlier look at the course, please contact International Cycling about assisting on the course setup. There is typically some time for riders who volunteer to get in a few laps before the course is closed for inspection by UCI officials on Friday.

If you're interested, please contact RRFCX@intlcyling.com

VOLUNTEERING

The RRFCX is always looking for people to assist in the production of the race. Here are a few of the opportunities available:

- Course Setup and Break Down
- Course Crossing Marshals
- Parking Staff
- and many others

If you are interested, please contact International Cycling at rrfcx@intlcycling.com

CONTACT

General Inquiries: info@intlcycling.com

Race Director: adam@intlcycling.com

Registration: registration@intlcycling.com

Volunteering: rrfcx@intlcycling.com

Media Inquires: media@reallyradcx.com

Elite Athlete Relations: smbres@gmail.com

Race website: www.reallyradcx.com