

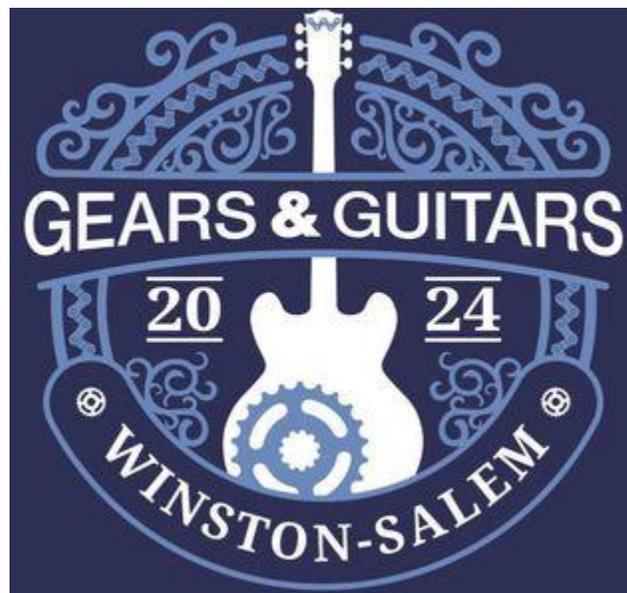


Winston-Salem Cycling

# **TECHNICAL GUIDE**

**USA CRITS FINALS**

**May 24<sup>th</sup> & 25<sup>th</sup>, 2024**



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## **EVENT PERSONNEL & PRODUCTION TEAM 2024**

Executive Director	Dr Richard Rauck
Race Director	Raymond Boden
Executive Committee	Sterling Swaim, Katie Rauck,Carolynn Berry, Michael Berry, Mike Robinson, Angela Carleton, Greg Ralston, Lisa Linebeck, William Oakes
Sponsorship	Lisa Linebeck, Raymond Boden
Administration	Helen Rein
Host Housing	Angela Carleton, Mike Robinson
Race Registration	Jim Smalley – Mountain Events
Social Media	Raymond Boden
Event Logistics, Awards Coordinator	Michael Hosey
Event Coordinators	Amy Knudson, Kinsey Pate, William Oakes
Operations Coordinator	Greg Testa
Anti-Doping Coordinator	Amy Knudson
Medical	Dr Jonathan Kelly
Pro Teams Liaison & USA CRITS	Thad Fischer
Equipment & Technical Services/Timing	Swagger LLC
Neutral Support	Swagger LLC
Announcers/Color Commentators	Frankie Andreu & Chad Andrews
USAC Chief Referee	Brent Lyons
USAC Chief Judge	TBD
USAC Moto Referees	TBD
USAC Pit Judge	TBD
USAC Pit Judge	TBD

# **REGISTRATION INFORMATION**

*Pre- Registration is now open at: <https://www.bikereg.com/winstonsalemcycling>*

## **AMATEUR CATEGORIES REGISTRATION**

Amateur Categories may register online at bikereg.com and closes Thursday May 23rd at 12:00 PM. Amateur Categories and Pro riders may also register onsite starting Saturday morning May 25th at 7:30 AM. Registration closes 30 minutes before the start of each category and will be located in the parking lot behind the start/finish stage on 5th Street.

\*Day-of entries will incur a \$10 late fee

One-day licenses are available for purchase for \$15/day to categories open to cat 5 men and cat 5 women. Experienced racers may purchase a one-day through their USAC account.

## **Fondo Registration**

Registration for all Fondos includes a free Gears & Guitars 2024 t-shirt (while supplies last), one drink coupon (beer for 21+), and lunch provided by our partners Jimmy John's (food trucks at two locations)

**42 Mile and 68 Mile Fondo Registration \$65 – Greenway Ride \$35**

<https://www.bikereg.com/winstonsalemcycling> or morning of event.

## **PRO REGISTRATION**

The professional criterium is invitational in nature and is open to Pro/1/2/3 Women and Pro/1/2 Men. Teams may have a maximum of six riders. Please email Thad Fischer @ [fischer.thad@gmail.com](mailto:fischer.thad@gmail.com) for more details.

Pro riders will be issued a transponder timing chip that will need to be placed on the right side of the rider's front fork. Transponders must be returned at the conclusion of your races.

***Each racer must present a valid 2024 racing license issued by their country's cycling governing body or by the UCI. All racers will need to fill out and sign a USA Cycling release form if registering on-site. Wet signatures are required onsite.***

Promoter reserves the right to combine fields or reduce prize money if field minimums are not met. Prize list will be reduced by % of minimum field not met. All races are held rain or shine. No refunds. Sanctioned by USA CYCLING. For more information, email [raymondboden@me.com](mailto:raymondboden@me.com)

## **NUMBER PLACEMENT**

Numbers need to be pinned on the right side. Pro racers will race with 2 numbers. Pin those 1 on the right and one on the pockets.



## Streets of Fire Sprint Races Presented by Flow Automotive – Friday May 24<sup>th</sup>, 2024

**Start Location:** [500 block of 4th Street](#) (Corner of Spruce and 4<sup>th</sup>)

**Finish Location:** [200 block of 4<sup>th</sup> Street](#) (Corner of Trade and 4<sup>th</sup>)

**Racer Staging:** Parking lot behind Lowey building near the corner of Spruce and 4<sup>th</sup>

**Racer Parking:** 4<sup>th</sup> Street Parking Deck (Corner of Poplar and 4<sup>th</sup>)

**FRIDAY NIGHT MIXER:** Finger Food and Beverages for all Sprint Race Participants. Located near the Registration Tent. Please join in the fun! 7:00 PM to 9:00 PM

**First Heat:** 7:00 PM      **Total Purse:** \$1,900

**Categories:** Men Open, Men Cat 4/Novice, Men Cat 3, Men Pro/Cat 1 & 2, Women Open, Women 3/4/5, Women Pro Cat 1/2/3

The sprint course is 200 meters in length. Riders will sprint from a standing start, the distance, side-by-side. Heats will be elimination-style with groups of 4-6 riders per heat. Heats will be assigned by category (male/female, age, race category) based on pre-registrations. Your first heat will be provided at the racer sign-in area located near the start line at the corner of Spruce and 4th.

Race Category	Start Time	Duration	Finals/Prizes/Places	Entry Fee	Field Limit
Streets of Fire Sprint Races p/b Flow Automotive Men Open - NON USAC Riders	7:00 PM	200 Meters	Awards	\$20	25
Streets of Fire Sprint Races p/b Flow Automotive Men Cat 4/Novice	7:00 PM	200 Meters	\$300/3	\$20	25
Streets of Fire Sprint Races p/b Flow Automotive Men Cat 3	7:00 PM	200 Meters	\$300/3	\$20	25
Streets of Fire Sprint Races p/b Flow Automotive Men Pro/Cat 1/2	7:00 PM	200 Meters	\$500/5	\$20	25
Streets of Fire Sprint Races p/b Flow Automotive Women Open - NON USAC Riders	7:00 PM	200 Meters	Awards	\$20	25
Streets of Fire Sprint Races p/b Flow Automotive Women Cat 3/4/Novice	7:00 PM	200 Meters	\$300/3	\$20	25
Streets of Fire Sprint Races p/b Flow Automotive Women Pro/Cat 1/2/3	7:00 PM	200 Meters	\$500/5	\$20	25

**Registration:** Registration for all racer categories for Friday night is \$20 in advance.

**You MUST pre-register online to race. Online registration will close at 12:00 PM on Thursday, May 23rd. There will be no onsite registration for the Sprint Races.**

**Exact sprint format will be determined after sprint registration closes in order to know the number of participants in each category.**

## Gears and Guitars Criterium – May 25<sup>th</sup>, 2024

**Amateur Criterium Racing:** 9:10 AM – 5:10 PM - **Professional Criterium Racing:** 5:30 PM – 8:15 PM

**Race Routes:** **Course 1:** <https://ridewithgps.com/routes/39158196> **Course 2:** <https://ridewithgps.com/routes/39158174>

(1) Entry fees increase by \$10 on day of race, May 25<sup>th</sup>, 2024

(2) Courtesy of Novant Health Women’s Health

(3) Courtesy of Riazzi Rhyne & Swaim Investment Group

Race Category	Start Time	Duration	Prizes/Places	Entry Fee	Field Limit	Route
Gears and Guitars Criterium Juniors 9-14	9:10 AM	30 Mins	Medals	\$20	75	1
Gears and Guitars Criterium Juniors 15-16	9:10 AM	30 mins	Medals	\$20	75	1
Gears and Guitars Criterium Men's Cat 4/Novice	9:50 AM	30 Mins	\$250/3	\$30	75	1
Gears & Guitars Criterium Women Cat 4/Novice	10:30 AM	30 Mins	\$250/3	\$30	75	1
Gears and Guitars Criterium Master's 55+	11:10 AM	30 Mins	\$300/3	\$40	100	1
Gears and Guitars Criterium Master's 45+	11:10 AM	30 Mins	\$300/3	\$40	100	1
Gears and Guitars Criterium Women's Cat 3/4	12:00 PM	40 Mins	\$300/3	\$40	100	2
Gears and Guitars Criterium* Juniors 15-16 (Cat 1/2/3)	12:40 PM	40 Mins	\$1,000/10	\$20	100	2
Gears and Guitars Criterium* Juniors 17-18 (Cat 1/2/3)	12:40 PM	40 Mins	Combined Above	\$20	100	2
Gears and Guitars Criterium Master's 35+	2:40 PM	40 Mins	\$300/3	\$40	100	2
Gears and Guitars Criterium Men’s Cat 3/4	3:30 PM	45 Mins	\$300/3	\$40	100	2
Gears and Guitars Criterium Men's Cat 2/3	4:20 PM	45 Mins	\$400/3	\$40	100	2
Gears and Guitars Criterium Women's Pro Cat 1/2/3	5:30 PM	60 Mins	\$10,000/20	\$50	125	2
Gears and Guitars Criterium Men's Pro Cat 1/2	7:00 PM	75 Mins	\$10,000/20	\$50	125	2

## **Gears and Guitars Road Fondo Presented By Flow Automotive**

**Location:** [445 Patterson Avenue, Winston-Salem](#)

**Onsite Registration Opens:** 7:00 AM

**68 Mile Fondo Departure:** 8:00 AM

**42 Mile Fondo Departure:** 8:30 AM

**Food trucks available:** 11:00 AM - 3:00 PM

Join us for a kickoff at our race headquarters downtown at Bailey Park. Two road distance options will take you out of town and into our beautiful scenic backroads around Lake Tomalex, and get you back in time for a complimentary beer (21+) and lunch from one of a variety of food trucks on site.

### **Fondo Road Route Links:**

**68 Mile Fondo (2 rest stops)** <https://ridewithgps.com/routes/40533927>

**42 Mile Fondo Departure (1 rest stop)** <https://ridewithgps.com/routes/40549857>

**Registration – Registration for ALL Fondos Includes** a free Gears & Guitars 2024 t-shirt (while supplies last), one drink coupon (beer for 21+), and lunch provide by Jimmy John’s food truck. (two locations)

**42 Mile and 68 Mile Fondo Registration \$65 – Greenway Ride \$35**

<https://www.bikereg.com/winstonsalemcycling> or morning of event.

## **Gears and Guitars Gravel Ride presented by Flow Automotive**

**Location:** [445 Patterson Avenue, Downtown Winston-Salem](#)

**Onsite Registration Opens:** 9:00 AM

**Greenway/Gravel Departure:** 10:00 AM

**Food trucks available:** 11:00 AM - 3:00 PM

*Final schedule subject to change*

The journey along the Long Branch Trail and Salem Creek Greenway allows participants to turn around at any point along the route or travel all the way out and around along the Salem Lake trail, one of Winston Salem’s most enjoyable rides. Two options for this ride include:

1. Greenway: Long Branch Trail to Salem Creek Greenway to Salem Lake or water crossing and return (7 miles, 1 rest stop)
2. Greenway/Gravel: Long Branch Trail to Salem Creek Greenway and around Salem Lake and return (15 miles, 1 rest stop)

**Greenway / Gravel route link:** <https://ridewithgps.com/routes/38970029>

# **GENERAL INFORMATION**

## **PRO RACE STAGING**

Staging for riders will be 100 meters before the start line. Enter from the final turn. No riding in reverse direction on course.

## **PRO RACE CALL-UPS**

Call-ups will be based on the following criteria:

Overall Standing in the USA CRITS series - Past WSCC Criterium Winners - Others as determined by the race director

## **PARKING**

Parking available at various city lots. There is no reserved parking for teams for the criterium. The lot at Chestnut & 4th is free on the weekends.

## **NEUTRAL SUPPORT**

Neutral support is provided by Swagger Services. Free lap rule is in effect until 8k to go. Free lap rule for Course 1 ends on lap 7 and for Course 2 ends on lap 6.

## **RACE RADIOS**

Race radios are not allowed in the Pro Women's Cat 1/2/3 race (per USAC rules) however radios are allowed in the Men's Pro 1 & 2 race.

## **PODIUMS**

Podiums are adjacent to the start/finish line immediately after the protest period. Pro Women and Pro Men podiums will be held immediately following the finish of the Pro Men's race. Top 3 from each Pro Women and Pro men should be present and in team cycling apparel. If you are selected for USADA Anti-Doping Examination, please attend the Awards Ceremonies before going for testing. Your chaperone will remain with you.

## **MEDICAL**

### **MEDICAL CONTROL**

All USA Cycling-sanctioned events are subject to USADA Anti-Doping Examination. All competitors and team personnel must abide by these regulations. Any rider found positive will forfeit all prizes won at the event. The list of riders required to report will be posted at the start/finish stage. The riders will be required to report to medical control within a reasonable time after the awards and protocol ceremonies. It is the responsibility of the rider and/or their team personnel to insure that they report to Anti-Doping within the required time. USADA chaperones will escort you to the testing room. Please note! The awards for both men and women are held directly after the finish of the men's race. Top 3 riders from each event must report to the finish area immediately after the Men's Pro Race. Please participate in the awards ceremony before reporting for testing. Your USADA chaperone will stay with you. If USADA is present and testing occurs, payout will be sent out after 30 days.

### **HOSPITAL INFORMATION**

Wake Forest Baptist Medical Center  
1 Medical Center Blvd  
Winston-Salem, NC336-716-2011

## STREET SPRINTS PAYOUT

	PRO WOMEN Cat 1, 2 & 3	WOMEN Cat 3, 4 & 5	WOMEN Open Non USAC	PRO MEN Cat 1 & 2	MEN Cat 3	MEN Cat 4/Novice	MEN Open Non USAC
	\$500	\$300	Prizes	\$500	\$300	\$300	Prizes
1	\$150	\$150	Awards	\$150	\$150	\$150	Awards
2	\$125	\$90	Awards	\$125	\$90	\$90	Awards
3	\$100	\$60	Awards	\$100	\$60	\$60	Awards
4	\$75			\$75			
5	\$50			\$50			

## CRITERIUM PAYOUT

	PRO MEN	PRO WOMEN	MEN 3	35+	45+	55+	MEN 4/5	WOM 3	WOM 3/5	JR 9-14	JR 15-16	JR 15-16	JR 17-18
	\$9,000	\$9,000	\$300	\$300	\$300	\$300	\$250	\$300	\$250	MEDALS	MEDALS	Combined	\$1000
PRIMES	\$1,000	\$1,000											
1	\$1,250	\$1,250	\$150	\$150	\$150	\$150	\$125	\$150	\$125	Medals	Medals		\$200
2	\$950	\$950	\$90	\$90	\$90	\$90	\$75	\$90	\$75	Medals	Medals		\$165
3	\$800	\$800	\$60	\$60	\$60	\$60	\$50	\$60	\$50	Medals	Medals		\$130
4	\$700	\$700											\$110
5	\$650	\$650											\$95
6	\$600	\$600											\$80
7	\$550	\$550											\$70
8	\$500	\$500											60
9	\$450	\$450											50



## USA CRITS GENERAL GUIDELINES

- Each USA CRITS event is USA Cycling sanctioned and shall abide by the general rules and regulations outlined by USA Cycling.
- Events are open to Men's Pro/1/2 and Women's Pro/1/2/3 racers, unless otherwise noted.
- View each event's individual race flyer and website for official start times, payout, registration, and other event information
- USA CRITS & Speedweek Pro Elite races are limited to 6 riders per team
- D1 TEAMS may be Trade, Club or Composite (registration for D1 Closed 2/29/24)
- **D1 TEAMS** must submit their final race day rosters a min of 7 days in advance of each event
- All riders competing must be part of the original registration list. No mid series changes are allowed
- USA CRITS/Speedweek (Team Expense and Management) bonus fund is available to pre-registered D1 TEAMS competing in both the USA CRITS & Speedweek series
- TEAM bonus payments are made to team management & a w9 are required
- Each PRO rider will be assigned a transponder. A credit card will be required as a form of collateral. Unreturned transponders will incur a \$100 fee

## POINTS SYSTEM

### INDIVIDUAL GENERAL CLASSIFICATIONS

Points count towards Overall Classifications

Start Points: 50

Laps Led Points: 1 point per lap

Sprint Points: 5 places deep (10-7-5-3-2)

Lap 5

Mid Race

5 laps to go

\*any exception will be announced on the line during the pre-race instructions

### D1 TEAMS – Qualify for TEAM Bonus Fund

- Top 4 rider's combined points from the above for overall placement
- USA CRITS will award daily winner's jerseys and the conclusion of each race
- Individual leaders of the USA CRIT series will receive jerseys before the start of each race
- Overall USA CRITS series winner's jerseys will be presented at the conclusion of racing in Winston-Salem

## USA CRITS LEADERBOARD

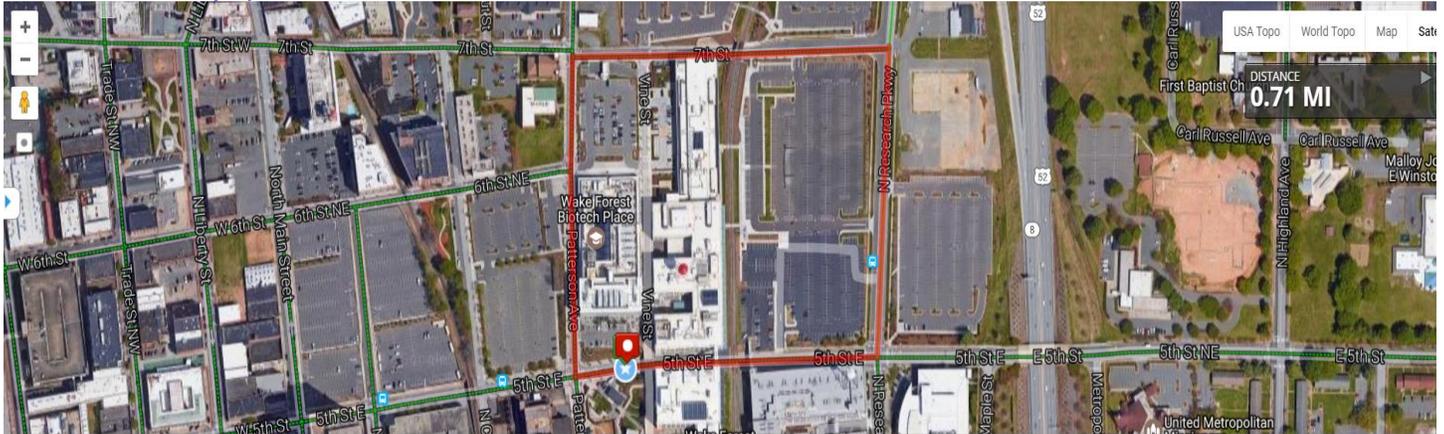
[www.usacrits.com](http://www.usacrits.com)

All riders finish points are as follows:

INDIVIDUAL FINISH POINTS PER RACE (BELOW):									
PLACE	POINTS	PLACE	POINTS	PLACE	POINTS	PLACE	POINTS	PLACE	POINTS
1	200	11	141	21	101	31	69	41	39
2	190	12	137	22	97	32	66	42	36
3	180	13	133	23	94	33	63	43	33
4	175	14	129	24	91	34	60	44	30
5	170	15	125	25	88	35	57	45	27
6	165	16	121	26	84	36	54	46	24
7	160	17	117	27	81	37	51	47	21
8	155	18	113	28	78	38	48	48	18
9	150	19	109	29	75	39	45	49	15
10	145	20	105	30	72	40	42	50	12
								51ST – 150TH	10

# COURSE MAPS

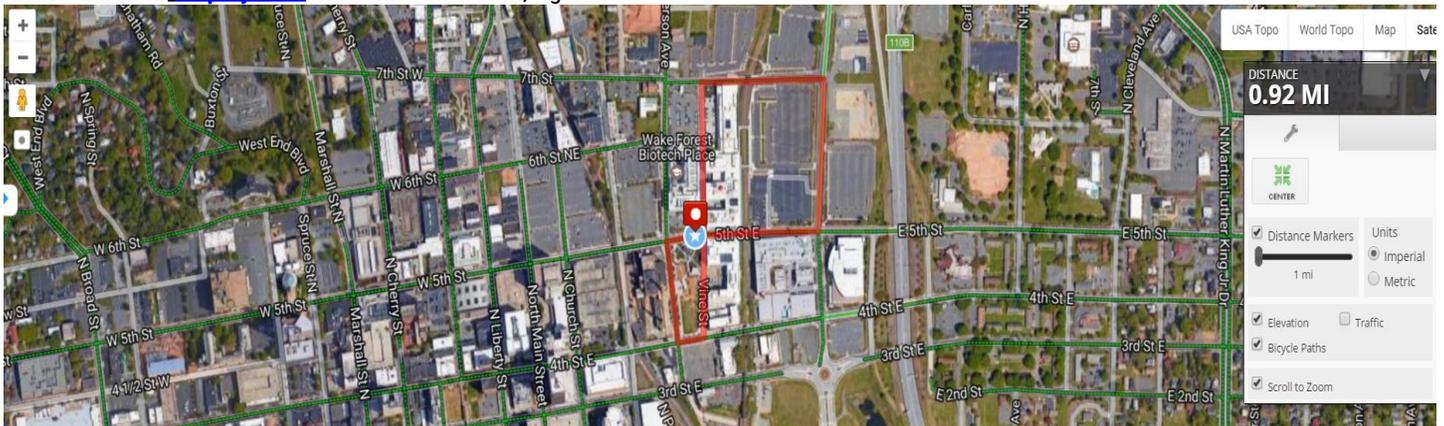
**COURSE MAP 1** [MapMyRide](#) The course is 1.1 km



Elevation [Show elevation with grades](#)



**COURSE MAP 2** [MapMyRide](#) The course is 1.4 km, figure 8



Elevation [Show elevation with grades](#)



