

THE WOMEN'S WOODSTOCK CYCLING GRAND PRIX



2017 Technical Guide

May 5-6, 2017
Ulster County, NY

The 2017 WWCGP is dedicated to the memory of ELLEN WATTERS, a WWCGP winner who's spirit continues to inspire women of all ages in the sport of cycling, and to SUSIE DILLER and JEREMY WILBER, without whose support and encouragement this event would not be possible.

Hosted by: The Woodstock Fire Department





The WWCGP aims to create a marquee bicycling event in North America. The creation of a road race of significant length and challenge is necessary in bringing parity to women's competitive cycling. We look forward to seeing you in Woodstock!

Event Staff

Race Director	Martin E. Bruhn	Town Supervisor	Bill McKenna
Assistant Race Director	Anne Cavallaro	Chief Referee	Kinnin Payson
Event Safety Director	Jim Hanson	Chief Judge	Alissa Weygand
Operations Manager	Tracey Dillon	USAC Liason	Jared Esquivel
Communications Coordinator	Bob Bloom	Motos Coordinator	Pat Bradley
Technical Assistant/Race Ambassador	Emily Molden	Race Caravan Vehicles	Begnal Motors
Course Director	Joseph Murphy	Timing Services	Mains Timing
Host Housing	Anna Millenson	Neutral Support	Billy Denter/OMB
Safety Team Caravan Support	Connie Kontogiannis		Michael Berry/ SRAM
Race Caravan Coordinators	Erik Richards/Ray Auringer	Race Announcer	Tim Quilty
Race Registrar	Seanne Crozier	Event MC	Dan Reinhard
Community Relations	Jim Davenport	PR/Marketing/Media	Alison Maltby-Duggan
Outreach Coordinator	Gaelen Grogan-Doughman	Safety Teams NYSP	Sgt Rick Brunner
Start/Finish Coordinator	Joseph Decker	DOT Ulster County	Kim DuFrense
Volunteer Coordinator	Laura Weyeneth	County Executive, Office Liaison	Mark Longtoe
Photography	Jordan Apgar		Mike Gafney
	Ian Nelson		Paul VanBarlcum
	Matt Campbell		Vincent Altieri
	Nin Lei	NY State Police Support	Joseph Sinagra
	Harrison Bruhn		Rick Brunner
Hospitality Manager	Karen Davidson		Wally Fulford
Venue Manager	Michael Bruhn	Ulster Co Sherrif's Office	Chad Storey
BBQ Coordinator	Deb Benn		Mike Gafney
WFD BBQ Coordinator	Tom Rivera		Paul Van Baricum

Parking Lot Coordinator	Bobby Pratt		Vincent Altieri
Public Outreach	Kira Payer	Ulster Co Emergency Services	Steven Petersen
Race Signage	Christopher Bernard	Woodstock Police	Clayton Keefe
	Doug Doyle		Dylan Joslin
	Vincent Mainetti		Gregory VanDeBogart
Awards Ceremony	Kate Donham	Woodstock Police Dispatch	Laurie Hamilton
	Cortney Whitebay	Saugerties Police	Don Tucker
Social Media	Alison Maltby-Duggan		Greg Chorvas
	Max Bruhn	Centerville Fire Dept	Phil Cobb
Community Dinner Chef	John Kowalski	DOT/Adopt a Highway Contact	David Corrigan
Community Dinner Assistant	Rebecca French	Safety Team DOT	Michael Volk
Woodstock Fire Dept Liason	Judy Peters		Tom Story
Bike Diplomat Coordinators	Phil Darmstadt	Safety Team WWCGP	Randall Hurlbert
	Scott Gould		Scott Gould
Ulster County Tourism	Rick Remsnyder		Stephan Delage
YMCA NYBC Board	Tom Polk	Marist College Liason	Michael Powers
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Athlete Race Bib Numbers	Ryan DeVesty		Michael Powers
Moto Brigade	Pat Bradley		Randall Hurlbert
	Evan Kretz		Scott Gould
	Ben Otunu		Stephan Delage
	Shaun Weingand	Caravan Drivers	Doug Mcdonald
	Alissa Weingand		Connie Kontogiannis
	Dave Percey		Erik Richards
	Brian Curran		Ray Auringer
	Christopher Bernard		John Kowalski
	Glenn Weston		Mercedes Karabec
	Jeannie Zetterstrand		Jessica Crescenzi
Greeter	Martin E. Bruhn	Broom Wagon	Henry Collins
Technical Support	Ryan Clinesmith		

2017 Sponsors

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DRINK**maple.**

<http://www.drinkmaple.com/>



<http://www.emmanuelsmarketplace.com/>



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Michael G. Maroney
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Call or Text: 845.594.4425
63 John St. Kingston, N.Y. 12401 845.339.1144

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National Promotions & Fulfillment
P: 914-388-7899 W: shopnpf.com

cruchase@gmail.com

METALWORKS
DESIGN & FABRICATION








aston175@yahoo.com



<https://www.hudsonvalleyfresh.com/>

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<p>SUNY Ulster Start Here. Go Far.</p> <p>http://www.sunyulster.edu/</p>	<p>JANE'S Ice Cream</p> <p>http://janesicecream.com/</p>	








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 <p>http://transcendental.net/</p>	<p>Crew's Painting and Restoration</p>	 <p>https://www.facebook.com/aandpbar/?hc_ref=PAGES_TIMELINE</p>

Town Sponsors:

 <p>WOODSTOCK, N.Y. COLONY OF THE ARTS</p> <p>http://woodstockny.org/</p>	 <p>http://saugerties.ny.us/content/</p>	 <p>http://www.shandaken.us/</p>
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Police and Fire Sponsors:

 <p>http://www.woodstockfiredept.org/</p>	 <p>http://www.woodstockpd.org/</p>	 <p>https://www.troopers.ny.gov/</p>
 <p>http://ulstercountyny.gov/sheriff/</p>	 <p>http://police.saugertiesny.gov/</p>	 <p>http://centervillefiredistrict.com/</p>
 <p>http://www.pbanys.org/</p>		

WWCGP WEEKEND EVENTS

Early Race Registration – Friday, May 5, 2017

Location: Woodstock Fire Department
242 Tinker Street, Woodstock, NY

Time: 5:30pm – 6:30pm

Registration and number pick-up for all races will be available.

Cash or Check Only! Must have USA Cycling License.

Pre-registration is available online using www.bikereg.com/wwcgp

**Registration increases \$15 after pre-registration closes 5/4 at 12:00pm.*

Community Dinner – Friday, May 5, 2017

Location: Woodstock Fire Department
242 Tinker Street, Woodstock, NY

Time: 6:30pm - 8:00pm

Please join Team WWCGP and your fellow racers for a Community Dinner.

Race registration and number pick up will be available here from 5:30pm – 6:30pm.

Cash or Check Only!

\$14 per person in advance, \$16.50 per person at the door.

110 person limit. RSVP is required: Email: 1mountainwoman@gmail.com

Community Dinner Raffle for great prizes - gift certificates and a grand prize from Saris Cycling. Must be present to play and win!

Day of Race Registration – Saturday, May 6, 2017

Location: Woodstock Community Center
56 Rock City Road, Woodstock, NY

Time: 6:30am – 7:30am

Riders must have a USA Cycling license. One day licenses can be purchased by Cat 5 racers at the race (cash only) or in advance at: <https://www.usacycling.org/events/>

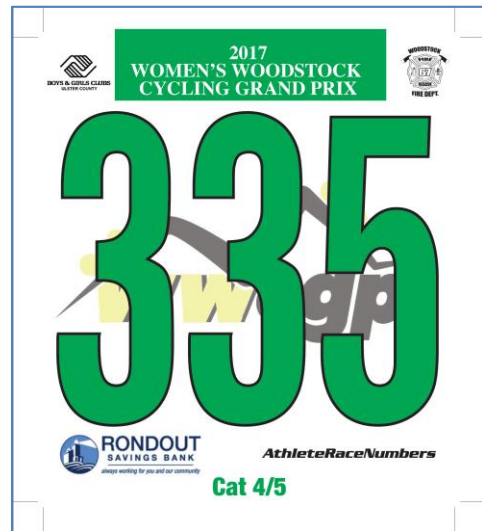
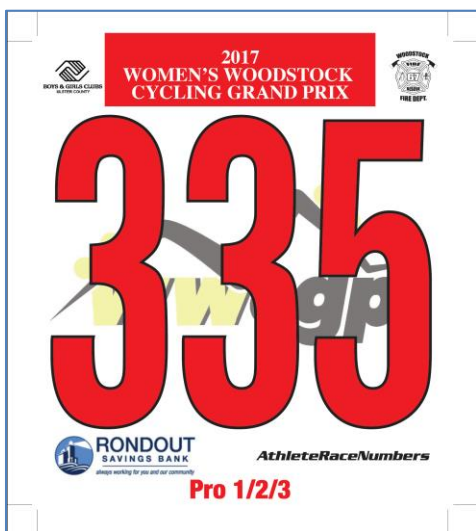
Find WWCGP on their race calendar and click "Purchase One Day License".

All riders **MUST** complete a NYSDOT race waiver in order to race, as well as a USA Cycling waiver – No signature, No race!

The promoter reserves the right to change, shorten or cancel the event due to weather, road conditions, time constraints, or lack of participation.

Race Numbers:

Two race numbers will be provided. (Pro 1/2/3, 45+ and 55+ RED & Cat 4/5 GREEN)
Numbers must be pinned on the **back LEFT & RIGHT** of rider's jersey.



WWCGP Rider Parking:

Location: Mountain View Parking Lot
15 Rock City Road, Woodstock, NY

Outdoor restrooms will be available at race parking.

Feed Zone: 1 Feed Zone for ALL racers

Feed Zone (mile 23.8): 1 West Saugerties Woodstock Road, Saugerties, NY 12477

Signage will indicate: “3 km to Feed Zone”, “Feed Zone Begins”,
“Feed Zone Ends”

See the maps below for feed zone location. Always feed from the right side of the road. **NEVER FEED FROM THE LEFT.** The zone will be clearly marked with signage. Athletes should let their feed crew know that a limited amount of parking will be available before and after the feed zone. **Do not park your car inside the feed zone.** Always ensure your vehicle is completely off the road when parking along the course.

NOTE: You are racing on some of the most scenic roads in the Northeast. Please do your best to keep them pristine, and open to racing by not littering feed packaging, etc.

Dispose of any bottles, wrappers, bags, etc. immediately after you leave the Feed Zone.

Signage:

All courses will be clearly marked. (It is still racer's responsibility to know the course)
*All yellow signs w/white arrows indicate shared course for both races. At mile 31 they diverge: **Red for Pro 1/2/3** and **Green for Cat 4/5.***



Feed Zones will be clearly marked.

Race Caravan Follow Cars will display identifiable windshield signs.

Race Support:

The **Pro 1/2, Cat 3, 45+, and 55+** race will have **Neutral Support** provided by SRAM. The Neutral Support vehicle will follow the race leaders.

The **Cat 4/5** race will have a **Wheels-In Wheels-Out** follow vehicle. Racers must provide their own wheels to this support vehicle in order to receive wheels during the race. If 10+ sets of wheels are provided, they become neutral and will be used for any rider in need. **All wheels must be labeled with racer's name and bib number.**

Mechanical support will be available in the parking lot on the morning of the race.



May 6, 2017

Women's Woodstock Cycling Grand Prix

Pro 1/2/3 Caravan

Vehicle Staging Start: 7:00 am

Race Start: 8:00 am

Staging @ Mountain View Lane

- Medical
- Wheel Van
- SRAM
- Motos
- USAC
- Riders
- Moto
- Pace
- State Police
- Rabbits 1 & 2

BLUE

WHITE

RED

RED

GRAY

DARK GRAY

Cat 4/5 Caravan

Vehicle Staging Start: 7:00 am

Race Start: 8:10 am

Staging @ Mountain View Lane

- Sheriff
- SAG/Broom
- Medical
- Wheel Van
- Moto
- USAC
- Riders
- Moto
- Pace
- State Police

WHITE

RED

WHITE

WHITE

GRAY

Rabbit: vehicle sent out ahead to ensure that all posts are covered

Race Director: Martin Bruhn 845-612-1672
www.womenswoodstockcycling.com

WWCGP RACES – Saturday May 6, 2017

All riders for the Pro 1/2/3 race must be assembled at the Starting Line @ 7:45 and all riders for the Cat 4/5 race must be assembled at the Starting Line @ 7:55 for Rules of the Day, given by USAC Chief Referee. Please enter Start Line on Rock City Road via Mountain View Lane. NO riders will be allowed to join the start group from the front.

A warning bell will ring 3 times at 7:30, signaling 15 min warning for the Pro 1/2/3 race. A second bell will ring 5 times at 7:40, signaling a 5 min warning. There will be no bell for the Cat 4/5 riders, so they should prepare accordingly.

Course Notes:

Off-camber turn on Band Camp Road @ mile 17

Of significant importance is the divergence point at 30.8 miles at the Bearsville T-intersection. **Green Cat 4/5 goes LEFT (straight), Red Pro 1/2/3 goes RIGHT.** Please note this in your logistical prep. There will be signage to remind you.

Safety Vests indicate a person who can assist.

Non-Medical Rider pick-up: Those individuals with mechanical problems or otherwise, call Race Headquarters [845-679-2422](tel:845-679-2422) to request pick-up.

You will need to provide exact address or landmarks.

Pro 1/2/3, 45+ and 55+ Race

Start: Rock City Road, Saturday, May 6, 8:00am

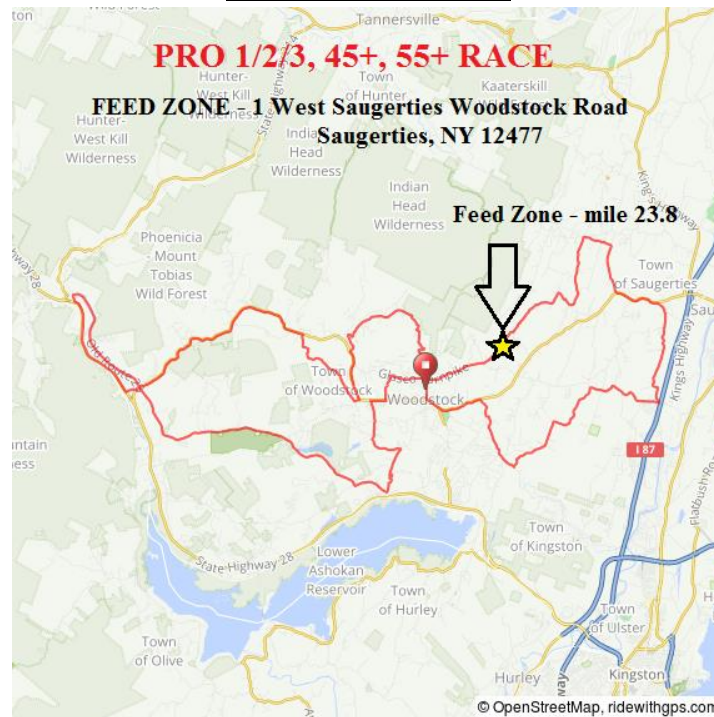
The Pro 1/2/3, 45+ and 55+ races features a 62.1 mile course with 4,194 feet of cumulative elevation gain, and a high point of 1,795 feet. The QOM competition is at mile 28.1 on top of Mead's Mountain. The Sprint competition comes at mile 45.7.

Portions of course cover rough road, including a one mile gravel section; lightweight wheels and tires are not recommended. The recommended gearing is 39/28 for the Mead's Mountain Road ascent. The yellow line rule is in effect for the entire course, meaning all riders must be right of the middle of the road at all times. Any riders riding left of the middle will risk being disqualified. A vehicle will be running pace ahead of the lead riders. There will also be a Neutral Support vehicle, with wheels, and a race referee following the lead group in a separate vehicle. Riders dropped by the lead group will be pulled out of contention, and passed by the support vehicle. Any riders pulled out of contention by the support vehicle must obey all rules of the road for the remainder of their ride. **HELMETS MUST BE WORN AT ALL TIMES.**

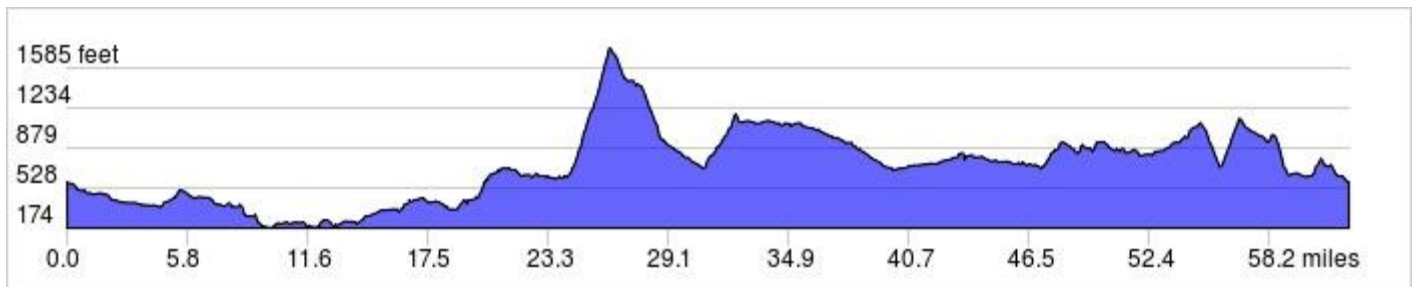
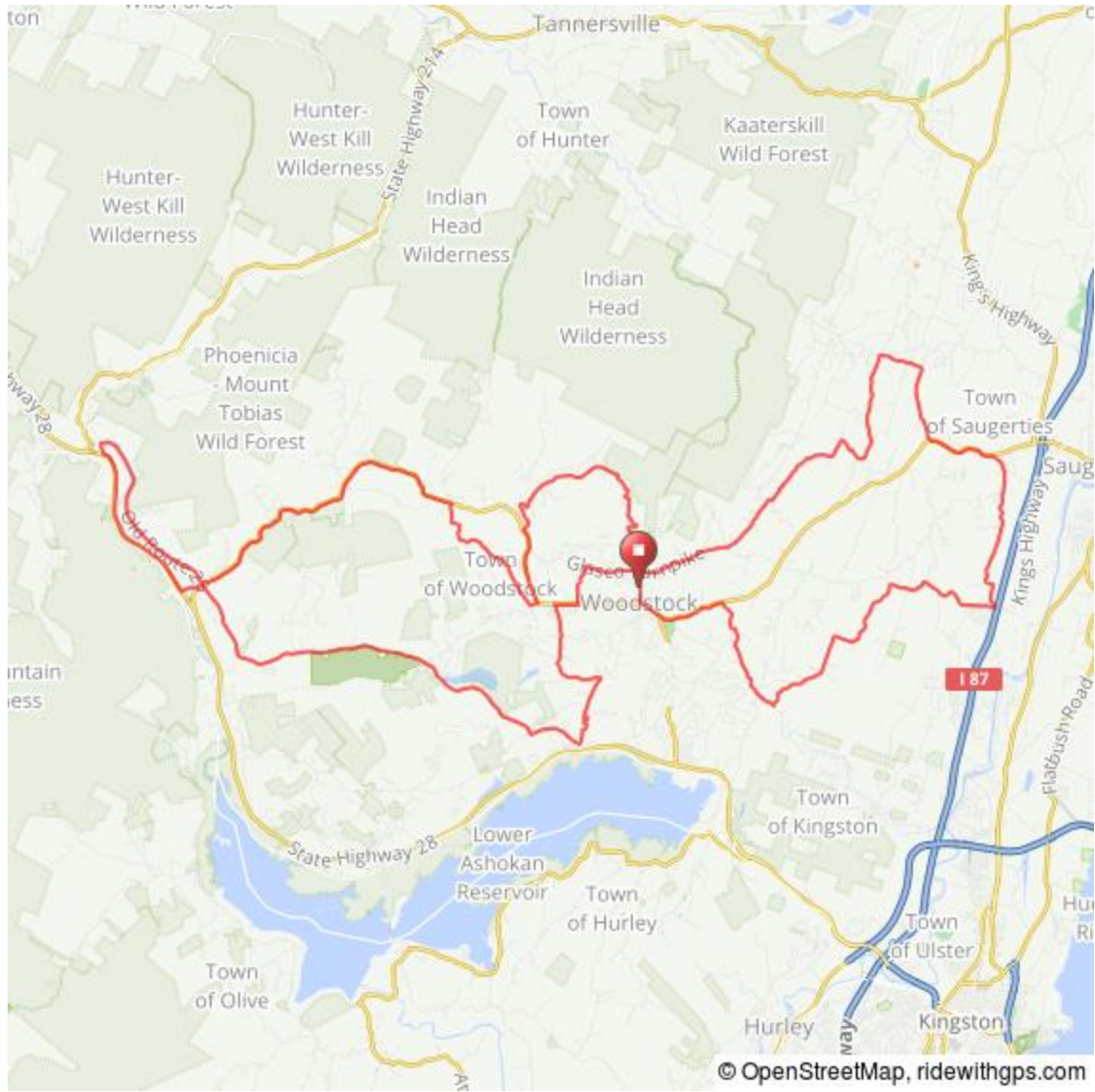
NOTE: Neutral start 4.1 mi; official start after intersection at Zena Highwoods Road. Official start will be clearly marked and indicated by lead vehicle.

For route information: <https://ridewithgps.com/routes/16268263>

Feed Zone Map:



Pro 1/2/3, 45+, 55+ Race Course



Category 4/5 Race

Start: Rock City Road, Saturday, May 6, 8:10am

The Cat 4/5 race features a 33.6 mile course with 2,327 feet of cumulative elevation gain, and a high point of 1,795 feet. The QOM competition is at mile 28.1 at the top of Mead's Mountain. **Portions of course cover rough road; lightweight wheels and tires are not recommended. The recommended gearing is 39/28 for the Mead's Mountain Road ascent.** The yellow line rule is in effect for the entire course, meaning all riders must be right of the middle of the road at all times. Any riders riding left of the middle will risk being disqualified. A vehicle(s) will be running pace ahead of the lead riders. There will also be a support vehicle, with wheels-in wheels-out, and a race referee following the lead group in a separate vehicle. Riders dropped by the lead group will be pulled out of contention, and passed by the support vehicle. Any riders passed by the support vehicle must obey all rules of the road for the remainder of their ride. The last rider will be accompanied by a sweep vehicle. **HELMETS MUST BE WORN AT ALL TIMES.**

NOTE: Neutral start 4.1 mi; official start after intersection of Zena Highwoods Road. Official start will be clearly marked and indicated by leading moto.

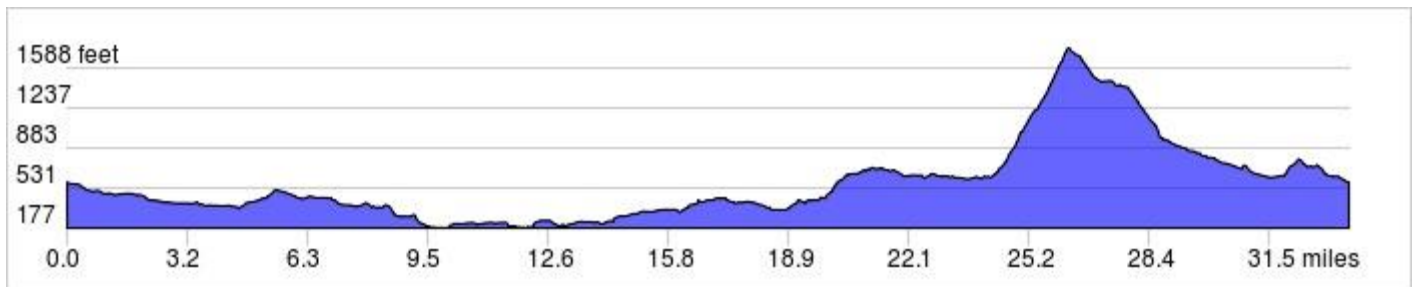
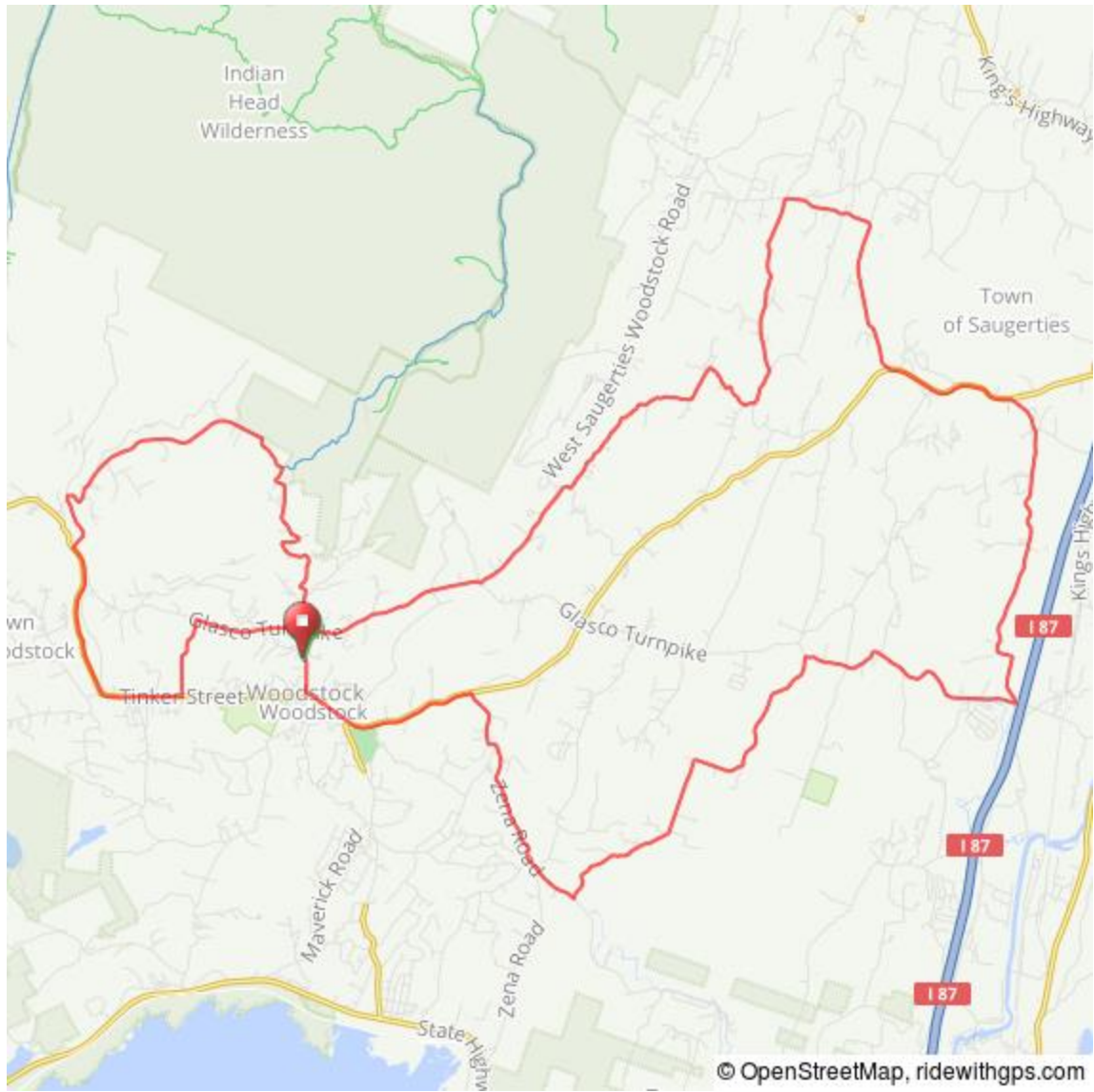
Divergence Point: 31.3 miles turn Left on Glasgow Turnpike (Look for Signage).

For route information: <http://ridewithgps.com/routes/16119251>

Feed Zone Map:



Category 4/5 Race Course



Awards Ceremony, Expo and Post-Race Party:

Location: Woodstock Community Center
56 Rock City Road, Woodstock, NY

Time: 11:30 am

Purpose: Honor all top FIVE winning places from each race category as they take their places on the podium as soon as results are confirmed by race officials. QOM, Sprint, Best Young Rider, and First Canadian Jerseys will also be presented.

Please dress in appropriate uniform/race attire for podium presentations. No sunglasses. No bikes. (See Prize descriptions with Jerseys below.)

Racers **MUST** be present to receive awards. No prizes will be mailed.

Food and vendors will be available at the Awards Ceremony!

***Bib Raffle for great prizes, including products from LIV Cycling. All race participants are eligible to win, but must be present to collect your prize...
Just bring one of your Bib numbers to participate!***

Prize Lists:

Pro 1/2	Cat 3	Masters 45+	Masters 55+	Cat 4/5
1 - \$500	\$250	\$175	\$175	\$175
2 - \$400	\$150	\$150	\$150	\$100
3 - \$300	\$100	\$125	\$125	\$75
4 - \$250	\$75	\$85	\$85	\$50
5 - \$225	\$55	\$65	\$65	\$25
6 - \$200	\$45			
7 - \$175	\$45			
8 - \$150	\$45			
9 - \$125	\$45			
10 - \$100	\$45			
11 - \$90				
12 - \$80				
13 - \$70				
14 - \$65				
15 - \$60				
16 - \$55				
17 - \$50				
18 - \$45				
19 - \$35				
20 - \$25				
\$3,000	\$900	\$600	\$600	\$425
SPRINTER'S PRIZE FOR PRO 1/2/3: \$125				
QOM PRIZE FOR PRO 1/2/3: \$125				

WINNER'S JERSEYS

FIRST PLACE JERSEY

*Presented by: **Ulster Savings***

Pro 1/2, Cat 3, Masters 45+, Masters 55+, and Category 4/5 races.



QUEEN OF THE MOUNTAIN JERSEY

*Presented by: **Overlook Mountain Bicycles***

Pro 1/2, Cat 3, Masters 45+, and Masters 55+ scored separately.

First 5 riders receive points over the following summits:

Stoll Road @ 20.2 mi, Mead's Mtn Road @ 26.1 mi, Ohayo Mtn Road @ 57.2 mi.

Cat 4/5 scored together.

First 5 riders receive points over the following summits:

Stoll Road @ 20.2 mi, Mead's Mtn Road @ 26.1 mi.



NOTE: You must finish the event to be awarded this coveted prize.

SPRINTER'S JERSEY

Presented by: Windham Mountain Outfitters

Pro 1/2, Cat 3, Masters 45+, Masters 55+ races only – scored separately.



*One Place Prize, but first three riders will be scored.
Phoenicia Sprint will be at mile 45.7*

NOTE: You must finish the event to be awarded this coveted prize.

BEST YOUNG RIDER'S JERSEY

Presented by: Woodstock Fire Department

Pro 1/2 race only.
First overall U19 rider.



FIRST PLACE CANADIAN'S JERSEY
Dedicated to the memory of Ellen Watters

Pro 1/2 race only.

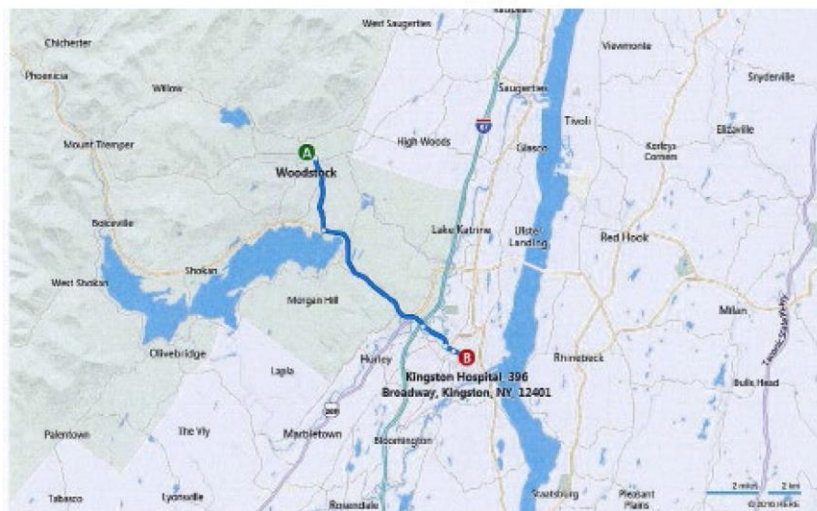


Medical Information:

Event Medical Emergencies: All emergencies should be reported by dialing **911**. Race course staff and support vehicles will have radio communications with local police.

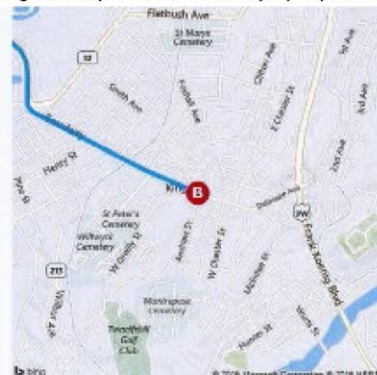
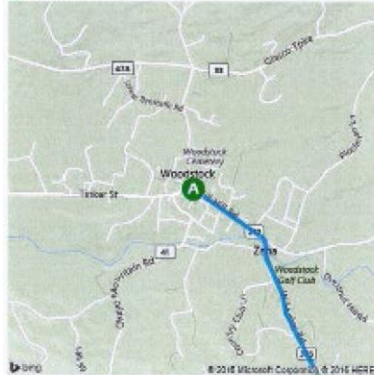
Local Hospital: Kingston Hospital, 396 Broadway, Kingston, NY (845) 331-3131

For more information, please call: Woodstock Dispatch Hotline (845) 679-2422



A Woodstock

Kingston Hospital • 396 Broadway • (845) 331-3131



A Woodstock

1. Depart RT-212 / Mill Hill Rd toward Maple Ln 0.4 mi
2. Turn right onto RT-375 / W Hurley Rd 2.9 mi
Turn left onto RT-28
3. Pass Stewart's Shops on the left in 1.0 mi 6.0 mi
(Minor Congestion)
4. At roundabout, take 2nd exit onto I-587 E / RT-28 E /
Col George Chandler Dr 1.3 mi

5. Bear left onto RT-32 S 0.4 mi
6. Keep straight onto Broadway 0.6 mi
Arrive at Broadway
7. The last intersection is E Oreilly St
If you reach Andrew St, you've gone too far

B Kingston Hospital, 396 Broadway, Kingston, NY

Martin Bruhn, Race Director: (845) 612-1672 • Race Headquarters: (845) 679-2422
www.womenswoodstockcycling.com

Host Hotel Information:

Best Western Plus

Kingston Hotel and Conference Center

503 Washington Avenue, Kingston, NY 12401

Phone: 845-338-0400 Fax: 845-340-1908

Group Name: Women's Woodstock Cycling Grand Prix

Rate: \$119/night

Please call the hotel directly to reserve your room and ask for the discount by the group name.

Slide Mountain Motel

5 Ruthenbeck Road, Shandaken, NY12480

Contact: Ken Anello

Office Phone: 845-688-7130

Cell Phone: 631-560-8894

email: info@slidemountainmotel.com

Group Name: Women's Woodstock Cycling Grand Prix

Discount: 15% Off Standard Rates

<http://www.slidemountainmotel.com>

2016 WOMEN'S WOODSTOCK CYCLING GRAND PRIX TO BENEFIT:



BOYS & GIRLS CLUBS
OF KINGSTON, NY

Notes:



Revised 5/04/17 ELM

Women's Woodstock Cycling Grand Prix